



14. European Masters Athletics Championships Indoor

TORUŃ (POL), March 17 - 23, 2024

TIMETABLE

24-03-22

Time	Discipline	Round Information
08:30	60 m Hurdles W35 Pentathlon	Heat 1
08:45	60 m Hurdles W40 Pentathlon	Heat 1 (2)
08:45	Triple Jump M35	
09:00	High Jump W35 Pentathlon	Heat 1 B
09:15	High Jump W40 Pentathlon	GROUP 1 (1) A
09:15	Hammer Throw W55 (3)	
09:30	Javelin Throw W35 (600)	
09:30	Pole Vault M55	
09:50	60 m Hurdles W50 Pentathlon	Heat 1 (2)
10:00	5 km Race Walk W55+	Final
10:01	5 km Walk TEAM W55	
10:02	5 km Walk TEAM W60	
10:03	5 km Walk TEAM W65	
10:05	Triple Jump M40	
10:10	1500 m M60	1st (2) 2Q 8q
10:30	Hammer Throw W60 (3)	
10:35	Shot Put W35 (4) Pentathlon	Heat 1 B
10:35	High Jump W50 Pentathlon	GROUP 1 (1) A
10:40	60 m Hurdles W55 Pentathlon	Heat 1
10:40	Javelin Throw W40 (600)	
10:55	1500 m M55	1st (2) 2Q 8q
11:00	5 km Race Walk W35-50	Final
11:01	5 km Walk TEAM W35	
11:02	5 km Walk TEAM W40	
11:03	5 km Walk TEAM W45	
11:04	5 km Walk TEAM W50	
11:25	1500 m M50	1st (2) 2Q 8q
11:30	Long Jump W35 Pentathlon	Heat 1 B
11:40	Shot Put W40 (4) Pentathlon	GROUP 1 (1) A
11:40	High Jump W55 Pentathlon	Heat 1 B
11:45	1500 m M45	1st (2) 2Q 8q
11:45	5 km Race Walk M70+	Final
11:46	5 km Walk TEAM M70	
11:47	5 km Walk TEAM M80	
11:50	Hammer Throw W65 (3)	
12:00	Javelin Throw W45 (600)	
12:00	Pole Vault M60	
12:15	1500 m M40	1st (2) 2Q 8q
12:25	60 m Hurdles W65 Pentathlon	Heat 1
12:38	800 m W35 Pentathlon	Heat 1
12:40	5 km Race Walk M55-65	Final
12:41	5 km Walk TEAM M65	
12:42	5 km Walk TEAM M60	

12:43	5 km Walk TEAM M55		
12:44	Pentathlon W35	Summary (3)	
12:50	1500 m M35	1st (2) 2Q 8q	
12:50	Long Jump W40 Pentathlon	GROUP 1 (1)	A
13:00	Shot Put W50 (3) Pentathlon	GROUP 1 (1)	A
13:00	High Jump W65 Pentathlon	Heat 1	B
13:10	200 m W80+	Final	
13:10	Javelin Throw W50 (500)		
13:15	200 m W75	Final	
13:20	200 m W70	Final	
13:25	200 m W65	Final	
13:25	Hammer Throw W70 (3)		
13:30	200 m W60	Final	
13:30	5 km Race Walk M35-50	Final	
13:31	5 km Walk TEAM M35		
13:32	5 km Walk TEAM M40		
13:33	5 km Walk TEAM M45		
13:34	5 km Walk TEAM M50		
13:34	200 m W55	Final	
13:38	200 m W50	Final	
13:42	200 m W45	Final	
13:46	200 m W40	Final	
13:50	200 m W35	Final	
13:54	200 m M90+	Final	
13:59	200 m M85	Final	
14:04	200 m M80	Final	
14:09	200 m M75	Final	
14:14	200 m M70	Final	
14:15	Long Jump W50 Pentathlon	GROUP 1 (1)	A
14:18	200 m M65	Final	
14:20	Shot Put W55 (3) Pentathlon	Heat 1	B
14:22	200 m M60	Final	
14:26	200 m M55	Final	
14:30	200 m M50	Final	
14:34	200 m M45	Final	
14:38	200 m M40	Final	
14:40	Hammer Throw W75+ (2)		
14:42	200 m M35	Final	
14:46	800 m W40 Pentathlon	Heat 1 (2)	
14:52	Pentathlon W40-45	Summary (3)	
15:00	60 m Hurdles M70	1st (2) 2Q 4q	
15:00	Pole Vault M65		
15:12	60 m Hurdles M65	1st (2) 2Q 4q	
15:24	60 m Hurdles M60	1st (3) 2Q 2q	
15:36	800 m W50 Pentathlon	Heat 1 (2)	
15:40	Shot Put W65 (3) Pentathlon	Heat 1	B
15:40	Long Jump W55 Pentathlon	Heat 1	B
15:42	Pentathlon W50	Summary (3)	
15:52	60 m Hurdles M55	1st (2) 2Q 4q	
16:04	60 m Hurdles M50	1st (3) 2Q 2q	
16:16	60 m Hurdles M45	1st (2) 2Q 4q	
16:24	60 m Hurdles M40	1st (2) 2Q 4q	
16:32	60 m Hurdles M35	1st (2) 2Q 4q	

17:00	800 m W55 Pentathlon	Heat 1	
17:00	Long Jump W65 Pentathlon	Heat 1	B
17:10	Pentathlon W55-60	Summary (3)	
17:15	Pole Vault M70		
18:00	60 m Hurdles M80+	Final	
18:04	60 m Hurdles M75	Final	
18:08	60 m Hurdles M70	Final	
18:12	60 m Hurdles M65	Final	
18:16	60 m Hurdles M60	Final	
18:20	800 m W65 Pentathlon	Heat 1	
18:20	Triple Jump M45		
18:26	Pentathlon W65+	Summary (3)	
18:40	60 m Hurdles M55	Final	
18:44	60 m Hurdles M50	Final	
18:48	60 m Hurdles M45	Final	
18:52	60 m Hurdles M40	Final	
18:56	60 m Hurdles M35	Final	