



14. European Masters Athletics Championships Indoor

TORUŃ (POL), March 17 - 23, 2024

TIMETABLE

24-03-18

Time	Discipline	Round Information
08:30	Weight Throw M75 (7.260)	
09:00	60 m M70	1st (3) 2Q 2q
09:00	Long Jump W35	
09:00	Discus Throw W65 (1)	
09:00	Shot Put M35 (7.26)	
09:16	60 m M65	1st (4) 2Q 8q
09:36	60 m M60	1st (6) 2Q 4q
09:50	Weight Throw M80 (5.450)	
10:00	60 m M55	1st (5) 2Q 6q
10:24	60 m M50	1st (5) 2Q 6q
10:25	Shot Put M40 (7.26)	
10:30	Discus Throw W70 (1)	
10:30	Long Jump W40	
10:44	60 m M45	1st (5) 2Q 6q
11:04	60 m M40	1st (5) 2Q 6q
11:10	Weight Throw M85+ (5.450)	
11:24	60 m M35	1st (4) 2Q 8q
11:30	High Jump W70	
11:40	Discus Throw W75 (0.75)	
11:40	3000 m Walk M35-45	Final
11:50	Long Jump W45	
12:05	3000 m Walk M50-55	Final
12:10	Shot Put M45 (7.26)	
12:30	Hammer Throw W35 (4)	
12:30	3000 m Walk M60-65	Final
12:40	Discus Throw W80+ (0.75)	
13:00	High Jump W75+	
13:00	3000 m Walk M70	Final
13:20	Long Jump W50	
13:30	3000 m Walk M75+	Final
13:35	Shot Put M50 (6)	
13:50	Hammer Throw W40 (4)	
13:50	Javelin Throw W55 (500)	
14:06	400 m M75	1st (2) 2Q 2q
14:30	400 m M65	SF (2) 2Q 2q
14:42	400 m M60	SF (2) 1Q 3q
14:54	400 m M55	SF (2) 2Q 4q
15:05	Hammer Throw W45 (4)	
15:06	400 m M50	SF (2) 2Q 2q
15:10	Long Jump W55	
15:10	Javelin Throw W60 (500)	
15:10	Shot Put M55 (6)	
15:18	400 m M45	SF (2) 2Q 2q

16:05	Hammer Throw W50 (3)	
16:06	400 m W65	1st (2) 2Q 2q
16:18	400 m W60	1st (2) 2Q 2q
16:30	400 m W55	1st (3) 1Q 3q
16:30	Long Jump M35	
16:45	Shot Put M60 (5)	
16:48	400 m W50	1st (3) 1Q 3q
17:06	400 m W45	1st (3) 1Q 3q
17:24	400 m W40	1st (2) 2Q 2q
18:15	Long Jump M40	
18:30	Shot Put M65 (5)	
20:10	Shot Put M70 (4)	