



14. European Masters Athletics Championships Indoor

TORUŃ (POL), March 17 - 23, 2024

Official Results

8 km Cross M60

Judge:

Place	L/O	Bib	Athlete	Cat.	Country	Result	
						Final	Start: 24-03-19 13:23:42
1	20	1909	Ireneusz KASPRZAK	M60	Poland	30:06	SB
2	1	3401	Chris UPSON	M60	United Kingdom	30:16	SB
3	25	3006	Hansjörg BRÜCKER	M60	Switzerland	30:39	SB
4	6	1104	Paul COWHIE	M60	Ireland	31:03	SB
5	19	2244	Krzysztof POKRZYWIŃSKI	M60	Poland	31:53	SB
6	3	3342	Greg PENN	M60	United Kingdom	32:15	SB
7	10	1315	Marco MORACAS	M60	Italy	32:50	SB
8	11	1210	Francesco BARLETTA	M60	Italy	32:59	SB
9	21	2236	Ryszard PŁOCHOCKI	M60	Poland	33:03	SB
10	14	1437	Aivars UZOLS	M60	Latvia	33:26	SB
11	26	2948	Jonas HELLSTRÖM	M60	Sweden	33:33	SB
12	9	1264	Mario FARINA	M60	Italy	34:21	SB
13	2	3430	Steven WORSLEY	M60	United Kingdom	34:24	SB
14	23	1919	Grzegorz KIEŁCZEWSKI	M60	Poland	34:25	SB
15	12	1361	Giovanni TRACANELLI	M60	Italy	36:08	SB
16	7	1145	Barry MACKEY	M60	Ireland	36:17	SB
17	8	1099	Michael CORNYN	M60	Ireland	37:29	SB
18	15	1418	Eriks MELKURTS	M60	Latvia	37:40	SB
19	18	1819	Andrzej GRZESIK	M60	Poland	37:46	SB
20	4	3198	Steven DOXEY	M60	United Kingdom	38:02	SB
21	24	1804	Edward GROBLEWSKI	M60	Poland	38:19	SB
22	13	1390	Andris DUDELS	M60	Latvia	39:00	SB
23	17	2064	Tadeusz MAJ	M60	Poland	39:24	SB
24	22	2349	Tadeusz SPYCHALSKI	M60	Poland	1:02.09	
	16	1435	Valdis TILTS	M60	Latvia	DNF	
	5	1058	András TELEK	M60	Hungary	DNF	

Official Results

Place	Race/Place	Athlete	Cat.	Country	Result	
CATEGORY: M60						
1	Final 1	Ireneusz KASPRZAK		Poland	30:06	SB
2	Final 2	Chris UPSON		United Kingdom	30:16	SB
3	Final 3	Hansjörg BRÜCKER		Switzerland	30:39	SB
4	Final 4	Paul COWHIE		Ireland	31:03	SB
5	Final 5	Krzysztof POKRZYWIŃSKI		Poland	31:53	SB
6	Final 6	Greg PENN		United Kingdom	32:15	SB
7	Final 7	Marco MORACAS		Italy	32:50	SB
8	Final 8	Francesco BARLETTA		Italy	32:59	SB
9	Final 9	Ryszard PŁOCHOCKI		Poland	33:03	SB
10	Final 10	Aivars UZOLS		Latvia	33:26	SB
11	Final 11	Jonas HELLSTRÖM		Sweden	33:33	SB
12	Final 12	Mario FARINA		Italy	34:21	SB
13	Final 13	Steven WORSLEY		United Kingdom	34:24	SB
14	Final 14	Grzegorz KIEŁCZEWSKI		Poland	34:25	SB
15	Final 15	Giovanni TRACANELLI		Italy	36:08	SB
16	Final 16	Barry MACKEY		Ireland	36:17	SB
17	Final 17	Michael CORNYN		Ireland	37:29	SB
18	Final 18	Eriks MELKURTS		Latvia	37:40	SB
19	Final 19	Andrzej GRZESIK		Poland	37:46	SB
20	Final 20	Steven DOXEY		United Kingdom	38:02	SB
21	Final 21	Edward GROBLEWSKI		Poland	38:19	SB
22	Final 22	Andris DUDELS		Latvia	39:00	SB
23	Final 23	Tadeusz MAJ		Poland	39:24	SB
24	Final 24	Tadeusz SPYCHALSKI		Poland	1:02.09	
	Final DNF	Valdis TILTS		Latvia	DNF	
	Final DNF	András TELEK		Hungary	DNF	

Note:

SB -Season Best