



14. European Masters Athletics Championships Indoor

TORUŃ (POL), March 17 - 23, 2024

Official Results

3000 m M45

Judge: MALESZEWSKI Jan

WORLD RECORD MASTERS (45)	8:22.54	Davide Raineri	ITA	Padona, ITA	21-01-31
EUROPEAN RECORD MASTERS (4)	8:22.54	Davide Raineri	ITA	Padova, ITA	21-01-31
POLISH RECORD MASTERS (45)	8:44.85	Grzegorz KUJAWSKI	Puck	Toruń	23-03-26

Place	L/O	Bib	Athlete	Cat.	Country	Result
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Heat 1/2

Start: 24-03-17 19:12:05

1	9	298	Jussi-Pekka HEIKKINEN	M45	Finland	10:18.09	SB
2	6	158	Jiří KUBASA	M45	Czech Republic	10:19.88	SB
3	8	1061	Gyula VARGA	M45	Hungary	10:21.90	SB
4	7	1022	Tamás BARNA	M45	Hungary	10:29.95	SB
5	10	1392	Andis GAILIS	M45	Latvia	10:49.57	
6	4	676	Roberto HEUER	M45	Germany	10:53.60	SB
7	11	2214	Sławomir PERLIKOWSKI	M45	Poland	10:54.31	
8	5	1431	Edgars RUTINS	M45	Latvia	10:59.97	SB
9	3	1738	Marcin DROGORÓB	M45	Poland	11:41.72	SB
	1	9	Ammar SMAILI	M45	Algeria	DNS	
	2	3437	Jasharinderpal SINGH	M45	United States of America	DNS	

PK
PK

Intermediate

1000m 1392 Andis GAILIS
2000m 298 Jussi-Pekka HEIKKINEN 19:12:05.60

Heat 2/2

Start: 24-03-17 19:27:38

1	12	2008	Grzegorz KUJAWSKI	M45	Poland	8:52.61	
2	10	2712	LORES Ruben BARRIO	M45	Spain	9:08.61	
3	9	75	Steven HEEMSKERK	M45	Belgium	9:10.95	
4	8	1580	Øyvind WIGER	M45	Norway	9:12.42	
5	7	1564	Kristian NEDREGÅRD	M45	Norway	9:15.10	
6	5	367	Teppo SYRJÄLÄ	M45	Finland	9:23.89	
7	4	2397	Łukasz SZOPA	M45	Poland	9:25.54	
8	11	1181	Niall SHEIL	M45	Ireland	9:28.98	
9	6	989	Charalampos KONSTANTINIDIS	M45	Greece	9:45.70	
10	2	2138	Robert MORAWSKI	M45	Poland	9:55.64	
11	1	1899	Bartosz KARASIŃSKI	M45	Poland	10:09.38	
	3	3346	Darren PRESTON	M45	United Kingdom	DQ	TR17.2.4

Intermediate

1000m 2008 Grzegorz KUJAWSKI "38.37 (38.37)
2000m 2008 Grzegorz KUJAWSKI 1:16.20 (37.83)

Official Results

Place	Race/Place	Athlete	Cat.	Country	Result	
1	Heat 2 1	Grzegorz KUJAWSKI	M45	Poland	8:52.61	
2	Heat 2 2	LORES Ruben BARRIO	M45	Spain	9:08.61	
3	Heat 2 3	Steven HEEMSKERK	M45	Belgium	9:10.95	
4	Heat 2 4	Øyvind WIGER	M45	Norway	9:12.42	
5	Heat 2 5	Kristian NEDREGÅRD	M45	Norway	9:15.10	
6	Heat 2 6	Teppo SYRJÄLÄ	M45	Finland	9:23.89	
7	Heat 2 7	Łukasz SZOPA	M45	Poland	9:25.54	
8	Heat 2 8	Niall SHEIL	M45	Ireland	9:28.98	
9	Heat 2 9	Charalampos KONSTANTINIDIS	M45	Greece	9:45.70	
10	Heat 2 10	Robert MORAWSKI	M45	Poland	9:55.64	
11	Heat 2 11	Bartosz KARASIŃSKI	M45	Poland	10:09.38	
12	Heat 1 1	Jussi-Pekka HEIKKINEN	M45	Finland	10:18.09	SB
13	Heat 1 2	Jiří KUBASA	M45	Czech Republic	10:19.88	SB
14	Heat 1 3	Gyula VARGA	M45	Hungary	10:21.90	SB
15	Heat 1 4	Tamás BARNA	M45	Hungary	10:29.95	SB
16	Heat 1 5	Andis GAILIS	M45	Latvia	10:49.57	
17	Heat 1 6	Roberto HEUER	M45	Germany	10:53.60	SB
18	Heat 1 7	Sławomir PERLIKOWSKI	M45	Poland	10:54.31	
19	Heat 1 8	Edgars RUTINS	M45	Latvia	10:59.97	SB
20	Heat 1 9	Marcin DROGORÓB	M45	Poland	11:41.72	SB
	Heat 2 DQ	Darren PRESTON	M45	United Kingdom	DQ	TR17.2.4
	Heat 1 DNS	Ammar SMAILI	M45	Algeria	DNS	
	Heat 1 DNS	Jasharinderpal SINGH	M45	United States of America	DNS	

Official Results

Place	Race/Place	Athlete	Cat.	Country	Result	
CATEGORY: M45						
1	Heat 2 1	Grzegorz KUJAWSKI		Poland	8:52.61	
2	Heat 2 2	LORES Ruben BARRIO		Spain	9:08.61	
3	Heat 2 3	Steven HEEMSKERK		Belgium	9:10.95	
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11	Heat 2 11	Bartosz KARASIŃSKI		Poland	10:09.38	
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	Heat 2 DQ	Darren PRESTON		United Kingdom	DQ	TR17.2.4
	Heat 1 DNS	Ammar SMAILI		Algeria	DNS	PK
	Heat 1 DNS	Jasharinderpal SINGH		United States of America	DNS	PK

Note:

SB -Season Best

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DNS-Did Not Start, DNF-Did Not Finish, DQ-Disqualified, PB-Personal Best, SB-Season Best

TORUŃ 2024

Official Timekeeping and Data Handling by DomTel-Sport Poland www.domtel.pl



Ministry of Sport and Tourism
of the Republic of Poland



Kujawsko-Pomorskie
Region

