



## Start List

## 3000 m M45

WORLD RECORD MASTERS (45)	<b>8:22.54</b>	Davide Raineri	ITA	Padona, ITA	21-01-31
EUROPEAN RECORD MASTERS (45)	<b>8:22.54</b>	Davide Raineri	ITA	Padova, ITA	21-01-31
POLISH RECORD MASTERS (45)	<b>8:44.85</b>	Grzegorz KUJAWSKI	Puck	Toruń	23-03-26

L/O	Bib	Athlete	Cat.	Country	2024
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## Heat 1/2

24-03-17 19:10

1	9	Ammar SMAILI	M45	Algeria	9:30.00	PK
2	3437	Jasharinderpal SINGH	M45	United States of America	11:00.00	PK
3	1738	Marcin DROGORÓB	M45	Poland	32:00:00	
4	676	Roberto HEUER	M45	Germany	11:39.00	
5	1431	Edgars RUTINS	M45	Latvia	11:08.40	
6	158	Jiří KUBASA	M45	Czech Republic	11:00.00	
7	1022	Tamás BARNA	M45	Hungary	10:43.00	
8	1061	Gyula VARGA	M45	Hungary	10:27.00	
9	298	Jussi-Pekka HEIKKINEN	M45	Finland	10:24.00	
10	1392	Andis GAILIS	M45	Latvia	10:22.50	
11	2214	Sławomir PERLIKOWSKI	M45	Poland	10:20.00	

## Heat 2/2

24-03-17 19:25

1	1899	Bartosz KARASIŃSKI	M45	Poland	10:00.00	
2	2138	Robert MORAWSKI	M45	Poland	9:54.00	
3	3346	Darren PRESTON	M45	United Kingdom	9:29.90	
4	2397	Łukasz SZOPA	M45	Poland	9:20.00	
5	367	Teppo SYRJÄLÄ	M45	Finland	9:17.00	
6	989	Charalampos KONSTANTINIDIS	M45	Greece	9:12.00	
7	1564	Kristian NEDREGÅRD	M45	Norway	9:10.00	
8	1580	Øyvind WIGER	M45	Norway	9:08.00	
9	75	Steven HEEMSKERK	M45	Belgium	9:05.40	
10	2712	LORES Ruben BARRIO	M45	Spain	9:03.50	
11	1181	Niall SHEIL	M45	Ireland	9:00.00	
12	2008	Grzegorz KUJAWSKI	M45	Poland	8:44.90	

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SB-Season Best, WR-World Record, NR-National R.

TORUŃ 2024

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Ministry of Sport and Tourism  
of the Republic of PolandKujawsko-Pomorskie  
Region