



## 14. European Masters Athletics Championships Indoor

TORUŃ (POL), March 17 - 23, 2024

## Official Results

## 1500 m M60

Judge: MALESZEWSKI Jan

WORLD RECORD MASTERS (60)	<b>4:26.62</b>	Brian Lynch	IRL	Budapest, HUN	14-03-30
EUROPEAN RECORD MASTERS (60)	<b>4:26.62</b>	Brian Lynch	IRL	Budapest, HUN	14-03-30
POLISH RECORD MASTERS (60)	<b>4:34.87</b>	Ireneusz KASPRZAK	Wrocław	Toruń	23-03-04

Place	L/O	Bib	Athlete	Cat.	Country	Result
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## Heat 1/2

Start: 24-03-22 10:09:59

1	1	1909	Ireneusz KASPRZAK	M60	Poland	4:44.88	Q SB
2	2	3168	David CLARKE	M60	United Kingdom	4:45.98	Q
3	12	436	Alain DURAND	M60	France	4:46.45	q
4	10	2782	GAUDIOSO José María GARCÍA	M60	Spain	4:48.38	q
5	3	3114	Rob ANDREW	M60	United Kingdom	4:48.60	q
6	15	2861	ANTON Jesus PUENTE	M60	Spain	4:50.16	q SB
7	7	1315	Marco MORACAS	M60	Italy	4:50.76	q
8	8	2889	ESPINOSA Manuel SERRANO	M60	Spain	5:09.94	SB
9	14	2948	Jonas HELLSTRÖM	M60	Sweden	5:11.63	
10	11	1435	Valdis TILTS	M60	Latvia	5:12.38	
11	13	828	Olaf PFENNIG	M60	Germany	5:15.30	
12	9	2431	Henryk TOMCZAK	M60	Poland	5:50.85	
13	6	2646	Jaroslav KORIBSKÝ	M60	Slovakia	6:02.09	SB
	5	2069	Waldemar MAKOWIECKI	M60	Poland	DNS	
	4	1496	RUIJTER Willem DE	M60	Netherlands	DNF	

## Intermediate

400m	3114	Rob ANDREW	1:19.52 (1:19.52)
800m	3114	Rob ANDREW	2:40.55 (1:21.03)
1200m	3114	Rob ANDREW	3:54.67 (1:14.13)

## Heat 2/2

Start: 24-03-22 10:19:34

1	8	3401	Chris UPSON	M60	United Kingdom	4:44.46	Q
2	14	2807	GÓMARA Alfredo LARRABURU	M60	Spain	4:48.60	Q SB
3	7	3152	Jonathan BURRELL	M60	United Kingdom	4:49.03	q
4	10	474	Xavier LEFAY	M60	France	4:50.11	q
5	5	424	Dominique DELBE	M60	France	4:51.73	q
6	1	3233	Phil GRABSKY	M60	United Kingdom	5:01.69	SB
7	9	1761	Robert GAJDA	M60	Poland	5:01.85	
8	4	3434	Philip YORK	M60	United Kingdom	5:03.51	
9	12	2979	Roger REINHOLD	M60	Sweden	5:12.76	
10	6	2933	Johan ENGHOLM	M60	Sweden	5:20.71	
11	11	1418	Eriks MELKURTS	M60	Latvia	5:44.71	SB
12	3	2945	Karl Anders HANSSON	M60	Sweden	5:50.01	
13	13	3198	Steven DOXEY	M60	United Kingdom	5:52.34	
14	2	1824	Stanisław GRZYWACZ	M60	Poland	6:16.49	

## Intermediate

400m	3401	Chris UPSON	1:17.88 (1:17.88)
800m	3401	Chris UPSON	2:34.64 (1:16.77)
1200m	3401	Chris UPSON	3:51.07 (1:16.44)

## Official Results

Place	Race/Place	Athlete	Cat.	Country	Result	
1	Heat 2 1	Chris UPSON	M60	United Kingdom	4:44.46	Q
2	Heat 1 1	Ireneusz KASPRZAK	M60	Poland	4:44.88	Q SB
3	Heat 1 2	David CLARKE	M60	United Kingdom	4:45.98	Q
4	Heat 1 3	Alain DURAND	M60	France	4:46.45	q
5	Heat 1 4	GAUDIOSO José María GARCÍA	M60	Spain	4:48.38	q
7	Heat 1 5	Rob ANDREW	M60	United Kingdom	4:48.60	q
6	Heat 2 2	GÓMARA Alfredo LARRABURU	M60	Spain	4:48.60	Q SB
8	Heat 2 3	Jonathan BURRELL	M60	United Kingdom	4:49.03	q
9	Heat 2 4	Xavier LEFAY	M60	France	4:50.11	q
10	Heat 1 6	ANTON Jesus PUENTE	M60	Spain	4:50.16	q SB
11	Heat 1 7	Marco MORACAS	M60	Italy	4:50.76	q
12	Heat 2 5	Dominique DELBE	M60	France	4:51.73	q
13	Heat 2 6	Phil GRABSKY	M60	United Kingdom	5:01.69	SB
14	Heat 2 7	Robert GAJDA	M60	Poland	5:01.85	
15	Heat 2 8	Philip YORK	M60	United Kingdom	5:03.51	
16	Heat 1 8	ESPINOSA Manuel SERRANO	M60	Spain	5:09.94	SB
17	Heat 1 9	Jonas HELLSTRÖM	M60	Sweden	5:11.63	
18	Heat 1 10	Valdis TILTS	M60	Latvia	5:12.38	
19	Heat 2 9	Roger REINHOLD	M60	Sweden	5:12.76	
20	Heat 1 11	Olaf PFENNIG	M60	Germany	5:15.30	
21	Heat 2 10	Johan ENGHOLM	M60	Sweden	5:20.71	
22	Heat 2 11	Eriks MELKURTS	M60	Latvia	5:44.71	SB
23	Heat 2 12	Karl Anders HANSSON	M60	Sweden	5:50.01	
24	Heat 1 12	Henryk TOMCZAK	M60	Poland	5:50.85	
25	Heat 2 13	Steven DOXEY	M60	United Kingdom	5:52.34	
26	Heat 1 13	Jaroslav KORIBSKÝ	M60	Slovakia	6:02.09	SB
27	Heat 2 14	Stanisław GRZYWACZ	M60	Poland	6:16.49	
	Heat 1 DNS	Waldemar MAKOWIECKI	M60	Poland	DNS	
	Heat 1 DNF	RUIJTER Willem DE	M60	Netherlands	DNF	

## Official Results

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<b>CATEGORY: M60</b>						
1	Heat 2 1	Chris UPSON		United Kingdom	4:44.46	Q
2	Heat 1 1	Ireneusz KASPRZAK		Poland	4:44.88	Q SB
3	Heat 1 2	David CLARKE		United Kingdom	4:45.98	Q
4	Heat 1 3	Alain DURAND		France	4:46.45	q
5	Heat 1 4	GAUDIOSO José María GARCÍA		Spain	4:48.38	q
6	Heat 2 2	GÓMARA Alfredo LARRABURU		Spain	4:48.60	Q SB
7	Heat 1 5	Rob ANDREW		United Kingdom	4:48.60	q
8	Heat 2 3	Jonathan BURRELL		United Kingdom	4:49.03	q
9	Heat 2 4	Xavier LEFAY		France	4:50.11	q
10	Heat 1 6	ANTON Jesus PUENTE		Spain	4:50.16	q SB
11	Heat 1 7	Marco MORACAS		Italy	4:50.76	q
12	Heat 2 5	Dominique DELBE		France	4:51.73	q
13	Heat 2 6	Phil GRABSKY		United Kingdom	5:01.69	SB
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20	Heat 1	11	Olaf PFENNIG	Germany	5:15.30	
21	Heat 2	10	Johan ENGHOLM	Sweden	5:20.71	
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23	Heat 2	12	Karl Anders HANSSON	Sweden	5:50.01	
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25	Heat 2	13	Steven DOXEY	United Kingdom	5:52.34	
26	Heat 1	13	Jaroslav KORIBSKÝ	Slovakia	6:02.09	SB
27	Heat 2	14	Stanisław GRZYWACZ	Poland	6:16.49	
	Heat 1	DNF	RUIJTER Willem DE	Netherlands	DNF	
	Heat 1	DNS	Waldemar MAKOWIECKI	Poland	DNS	

**Note:**

SB -Season Best

q -Qualify by performance

Q -Qualify by place

**Qualification: first 2 of each heat(Q)plus 8 fastest (q) qualified**