



14. European Masters Athletics Championships Indoor

TORUŃ (POL), March 17 - 23, 2024

Official Results

1500 m M40

Judge: MALESZEWSKI Jan

WORLD RECORD MASTERS (40)	3:40.20	Bernard Lagat	USA	New York, USA	15-02-14
EUROPEAN RECORD MASTERS (3:44.12	Anthony Whiteman	GBR	London, GBR	12-03-03
POLISH RECORD MASTERS (40)	4:03.22	Marcin NAGÓREK	Zamość	Toruń	22-02-06

Place	L/O	Bib	Athlete	Cat.	Country	Result
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Final

Start: 24-03-23 11:53:47

1	11	2838	CABALLERO Pablo MUÑOZ	M40	Spain	4:12.43
2	3	1	Bledar MESI	M40	Albania	4:14.09 SB
3	5	2149	Marcin NAGÓREK	M40	Poland	4:14.35
4	9	1101	Denis COUGHLAN	M40	Ireland	4:14.99 SB
5	2	3263	Paul HOWARD	M40	United Kingdom	4:17.50 SB
6	1	3147	Stephen BROWN	M40	United Kingdom	4:18.63
7	12	3105	Dan ACHESON	M40	United Kingdom	4:19.96
8	6	2561	António CARVALHO	M40	Portugal	4:20.78
9	10	317	Väinö KLEMOLA	M40	Finland	4:21.35
10	8	1096	Enda CLARKE	M40	Ireland	4:22.20
11	7	3372	Gurmit SINGH	M40	United Kingdom	4:24.07
12	4	3277	Jani KRANER	M40	United Kingdom	4:30.99
	0	3420	David WILLIAMS	M40	United Kingdom	DNS

Intermediate

400m	3147	Stephen BROWN	1:08.88 (1:08.88)
800m	2838	CABALLERO Pablo MUÑOZ	2:19.86 (1:10.99)
1200m	2838	CABALLERO Pablo MUÑOZ	3:28.56 (1:08.71)

Official Results

Place	Race/Place	Athlete	Cat.	Country	Result	
CATEGORY: M40						
1	Final 1	CABALLERO Pablo MUÑOZ		Spain	4:12.43	
2	Final 2	Bledar MESI		Albania	4:14.09	SB
3	Final 3	Marcin NAGÓREK		Poland	4:14.35	
4	Final 4	Denis COUGHLAN		Ireland	4:14.99	SB
5	Final 5	Paul HOWARD		United Kingdom	4:17.50	SB
6	Final 6	Stephen BROWN		United Kingdom	4:18.63	
7	Final 7	Dan ACHESON		United Kingdom	4:19.96	
8	Final 8	António CARVALHO		Portugal	4:20.78	
9	Final 9	Väinö KLEMOLA		Finland	4:21.35	
10	Final 10	Enda CLARKE		Ireland	4:22.20	
11	Final 11	Gurmit SINGH		United Kingdom	4:24.07	
12	Final 12	Jani KRANER		United Kingdom	4:30.99	
	Final DNS	David WILLIAMS		United Kingdom	DNS	

Note:

SB -Season Best