

14. European Masters Athletics Championships Indoor



Data: 23.03.2024r.
Dystans: 42,195 km
Miejscowość: Toruń

Msc.	Nr start.	Nazwisko Imię	Płeć	Kraj	Kat	Msc Kat	5km	10km	20km	30km	40km	Wynik
1	1788	GORZELANČZYK Jakub	M	POL			00:16:31	00:33:25	01:06:25	01:41:24	02:16:13	02:23:10
2	1949	KOPEĆ Wojciech	M	POL	M35	1	00:17:12	00:34:30	01:08:28	01:45:21	02:20:19	02:27:00
3	2115	MIERECZKO Maciek	M	POL	M40	1	00:17:13	00:34:31	01:08:28	01:45:21	02:20:19	02:27:14
4	2008	KUJAWSKI Grzegorz	M	POL	M45	1	00:17:40	00:35:29	01:09:37	01:46:04	02:21:34	02:28:29
5	1771	GETEK Marcin	M	POL	M40	2	00:17:40	00:35:31	01:10:13	01:47:36	02:22:41	02:29:24
6	1615	BAK Michał	M	POL	M35	2	00:17:40	00:35:31	01:10:00	01:47:37	02:23:03	02:29:41
7	1701	CZARNECKI Rafał	M	POL	M40	3	00:17:40	00:35:30	01:09:59	01:47:37	02:24:42	02:32:43
8	1461	RAMANAUSKAS Vaidas	M	LTU	M35	3	00:17:43	00:36:11	01:12:15	01:50:13	02:26:34	02:33:31
9	268	KULEŠOV Aleksandr	M	EST	M45	2	00:18:11	00:36:33	01:12:45	01:51:11	02:27:20	02:34:24
10	1816	GRZEGORZYCA Marcin	M	POL	M35	4	00:18:11	00:36:33	01:12:46	01:51:12	02:28:18	02:35:30
11	2371	SUCHODOLSKI Maciej	M	POL	M35	5	00:18:10	00:36:32	01:12:46	01:51:11	02:28:12	02:35:38
12	2589	CORNEL Vasilii	M	ROU	M45	3	00:18:27	00:36:46	01:12:45	01:51:12	02:28:15	02:35:57
13	796	MOLERO-EICHWEIN Miguel	M	GER	M55	1	00:19:14	00:38:06	01:14:33	01:53:21	02:29:47	02:36:32
14	1904	KARPIŃSKI Jakub	M	POL	M35	6	00:18:41	00:37:38	01:13:49	01:52:25	02:29:30	02:36:43
15	2569	MACEDO Mark	M	POR	M40	4	00:18:10	00:36:32	01:12:11	01:50:38	02:29:18	02:37:12
16	1889	KALISKI Sławomir	M	POL	M35	7	00:18:34	00:37:25	01:13:49	01:52:24	02:30:05	02:37:27
17	560	BENZ Marco	M	GER	M40	5	00:18:44	00:37:38	01:14:53	01:53:42	02:30:32	02:37:38
18	1285	GRILLO Gianfilippo	M	ITA	M35	8	00:18:13	00:36:50	01:13:12	01:52:08	02:30:37	02:38:11
19	2483	WITKOWSKI Michał	M	POL			00:18:45	00:37:42	01:14:45	01:53:52	02:30:57	02:38:25
20	2344	SOMMER Tomasz	M	POL	M40	6	00:18:37	00:37:33	01:13:50	01:52:29	02:31:03	02:39:00
21	1591	ANDRZEJEWSKI Marcin	M	POL	M45	4	00:18:43	00:37:38	01:14:33	01:53:39	02:31:44	02:39:16
22	139	FRELICH Martin	M	CZE	M50	1	00:18:36	00:37:42	01:15:08	01:54:53	02:32:26	02:39:43
23	2426	TOKAREWICZ Damian	M	POL	M40	7	00:19:43	00:39:28	01:17:36	01:56:30	02:33:43	02:40:48
24	1902	KARCZ Artur	M	POL	M45	5	00:18:50	00:37:58	01:15:10	01:54:54	02:33:31	02:41:07
25	1784	GOŁASZEWSKI Michał	M	POL	M45	6	00:19:34	00:39:23	01:18:07	01:57:44	02:34:45	02:41:40
26	1855	JAGIELSKA Ewa	W	POL	W40	1	00:19:35	00:39:23	01:18:07	01:57:44	02:34:46	02:41:50
27	2296	RUDZIŃSKI Jacek	M	POL	M50	2	00:19:20	00:38:55	01:17:09	01:57:08	02:35:19	02:42:43
28	636	GREINER Daniel	M	GER	M35	9	00:18:29	00:37:04	01:13:44	01:53:19	02:34:14	02:42:46
29	1616	BAKOWICZ Kamil	M	POL	M35	10	00:19:06	00:38:19	01:16:15	01:56:14	02:35:33	02:43:17
30	1605	BANASZCZYK Grzegorz	M	POL	M35	11	00:19:29	00:39:06	01:17:09	01:57:07	02:35:54	02:43:50
31	521	SAPEI Sebastien	M	FRA	M45	7	00:18:30	00:37:05	01:13:56	01:54:32	02:35:26	02:43:57
32	2345	SOSNOWSKI Wiesław	M	POL	M50	3	00:19:36	00:39:24	01:18:08	01:57:45	02:36:59	02:44:25
33	1274	GAGLIARDINI Mauro	M	ITA	M55	2	00:19:22	00:39:12	01:18:08	01:58:11	02:36:59	02:44:27
34	2313	SARAPUK Krzysztof	M	POL	M50	4	00:18:38	00:37:38	01:15:22	01:56:51	02:37:03	02:44:31
35	2217	PIASECKI Krzysztof	M	POL	M35	12	00:19:40	00:39:30	01:18:25	01:58:59	02:37:37	02:44:54
36	2493	WOJEWODA Marcin	M	POL	M40	8	00:19:41	00:39:29	01:18:24	01:58:59	02:37:36	02:44:54
37	2376	SULKOWSKI Zdzisław	M	POL	M50	5	00:18:42	00:37:36	01:15:08	01:55:06	02:36:54	02:45:18
38	2061	MAĆKOWSKI Maciej	M	POL	M35	13	00:19:21	00:38:57	01:17:08	01:57:07	02:37:11	02:45:27
39	2357	STAŃCZAK Marcin	M	POL	M40	9	00:19:35	00:39:24	01:18:10	01:58:57	02:37:54	02:45:29
40	1754	FRANCZAK Mariusz	M	POL	M45	8	00:19:15	00:38:45	01:17:09	01:57:19	02:37:45	02:45:45
41	140	FRELICH Pavel	M	CZE	M50	6	00:18:43	00:37:43	01:15:11	01:56:14	02:38:35	02:47:05
42	1859	JAJUGA Arkadiusz	M	POL	M50	7	00:20:01	00:40:03	01:18:45	01:59:59	02:40:04	02:47:41
43	1671	BUJNOWSKI Artur	M	POL	M35	14	00:19:53	00:40:13	01:19:30	02:00:25	02:40:02	02:47:52
44	2407	SZYMCZAK Wojciech	M	POL	M35	15	00:19:38	00:39:26	01:18:08	01:58:25	02:40:23	02:48:18
45	790	MEY Markus	M	GER	M50	8	00:18:45	00:37:36	01:15:09	01:54:53	02:39:09	02:48:28
46	2362	STĘPNIAK Rafał	M	POL	M40	10	00:20:06	00:40:15	01:19:55	02:01:08	02:40:50	02:48:38
47	2531	ZELISZCZAK Artur	M	POL	M35	16	00:19:35	00:39:24	01:18:09	02:00:07	02:41:42	02:49:24
48	1601	BAGIŃSKI Krzysztof	M	POL	M45	9	00:20:11	00:40:34	01:20:22	02:02:04	02:43:08	02:50:51
49	825	PETER Jens	M	GER	M55	3	00:19:38	00:39:36	01:19:40	02:02:26	02:42:58	02:51:06
50	2252	POREBSKI Rafał	M	POL	M45	10	00:19:42	00:39:29	01:18:41	02:00:31	02:42:31	02:51:09
51	736	KROLL Christoph	M	GER	M45	11	00:19:15	00:38:21	01:15:07	01:56:45	02:42:44	02:51:44
52	1606	BANASZEWSKI Adam	M	POL	M45	12	00:20:29	00:41:10	01:21:36	02:03:47	02:43:59	02:51:49
53	2418	TARŁOWSKI Ryszard	M	POL	M55	4	00:19:38	00:39:35	01:19:40	02:02:27	02:43:31	02:51:52
54	2011	KUNECKI Dariusz	M	POL	M35	17	00:19:41	00:39:29	01:18:25	02:01:15	02:44:04	02:52:32
55	2396	SZLAGA Daniel	M	POL	M45	13	00:20:02	00:40:19	01:20:14	02:02:26	02:44:07	02:52:39
56	2232	PISZCZATOWSKI Wojciech	M	POL	M50	9	00:19:53	00:40:19	01:20:17	02:02:24	02:44:38	02:52:59
57	1642	BORAWSKI Paweł	M	POL	M35	18	00:18:41	00:37:39	01:15:11	01:57:05	02:44:31	02:53:42
58	2619	ZÁGREAN Aurelian -Grigore	M	ROU	M45	14	00:19:35	00:39:24	01:19:05	02:01:49	02:45:25	02:53:50
59	1549	HODNE Anne Jorunn	W	NOR	W40	2	00:20:48	00:41:32	01:21:45	02:04:39	02:46:08	02:53:56
60	2332	SKOWRON Sebastian	M	POL	M40	11	00:20:41	00:41:34	01:22:07	02:04:58	02:46:12	02:54:07
61	1900	KARASIŃSKI Marcin	M	POL	M50	10	00:19:52	00:40:18	01:20:16	02:02:28	02:45:38	02:54:26
62	1924	KLEINSZMIDT Ryszard	M	POL	M55	5	00:20:10	00:40:33	01:20:29	02:03:42	02:46:25	02:54:53
63	1766	GAWIN Marek	M	POL	M35	19	00:19:51	00:40:18	01:20:17	02:02:31	02:46:22	02:55:09
64	1918	KIEŁBASA Dariusz	M	POL	M55	6	00:20:45	00:41:42	01:21:58	02:04:48	02:46:53	02:55:12
65	2190	OSKULSKI Robert	M	POL	M50	11	00:20:49	00:41:43	01:21:59	02:04:45	02:47:26	02:55:38
66	3440	WILLIAMS David	M	GBR	M55	7	00:19:37	00:39:36	01:19:46	02:03:24	02:47:13	02:55:44
67	2116	MIKA Artur	M	POL	M40	12	00:21:00	00:42:08	01:23:29	02:06:41	02:47:53	02:55:48
68	837	RAPP Martin	M	GER	M65	1	00:20:14	00:41:02	01:21:35	02:04:35	02:47:10	02:56:08
69	1163	O CONNOR Catherine	W	IRL	W45	1	00:20:32	00:41:10	01:21:46	02:04:54	02:47:47	02:56:11
70	685	HOERNISS Alexander	M	GER	M50	12	00:20:53	00:42:10	01:23:31	02:07:03	02:48:20	02:56:13
71	2301	RYDZ Artur	M	POL	M40	13	00:21:05	00:42:09	01:23:35	02:07:04	02:48:32	02:56:21
72	2227	PIETRZYKOWSKI Sławomir	M	POL	M50	13	00:21:07	00:42:09	01:23:35	02:07:04	02:48:32	02:56:35
73	1856	JAGIEŁA Adam	M	POL	M50	14	00:19:28	00:39:25	01:18:35	02:03:53	02:47:48	02:56:44
74	2517	ŻAJK Radosław	M	POL	M40	14	00:19:52	00:40:14	01:19:28	02:01:54	02:48:11	02:56:56
75	2541	ZIENKIEWICZ Piotr	M	POL	M45	15	00:20:44	00:41:41	01:21:57	02:04:52	02:48:19	02:57:01
76	479	LOPERGOLO Ingrid	W	FRA	W50	1	00:20:50	00:41:59	01:23:32	02:07:05	02:48:35	02:57:11

14. European Masters Athletics Championships Indoor



Data: 23.03.2024r.
Dystans: 42,195 km
Miejscowość: Toruń

Msc.	Nr start.	Nazwisko Imię	Płeć	Kraj	Kat	Msc Kat	5km	10km	20km	30km	40km	Wynik
77	1392	GAILIS Andis	M	LAT	M45	16	00:20:20	00:40:50	01:20:17	02:02:27	02:47:49	02:57:34
78	1097	COLLINS Dee	W	IRL	W35	1	00:20:16	00:40:59	01:21:36	02:05:17	02:49:10	02:57:35
79	2350	SPYCHALSKI Tomasz	M	POL	M45	17	00:20:54	00:42:07	01:24:02	02:07:47	02:49:43	02:57:45
80	2526	ZBOROWSKI Robert	M	POL	M45	18	00:21:08	00:42:11	01:23:29	02:07:05	02:49:38	02:58:11
81	3342	PENN Greg	M	GBR	M60	1	00:21:22	00:42:43	01:24:47	02:08:46	02:50:28	02:58:28
82	2203	PASTERNAK Robert	M	POL	M40	15	00:19:40	00:39:30	01:19:01	02:02:24	02:49:15	02:58:41
83	1654	BRAUN Zbigniew	M	POL	M40	16	00:20:55	00:42:07	01:24:04	02:07:46	02:50:14	02:58:47
84	1865	JANISZEWSKI Mateusz	M	POL	M40	17	00:21:08	00:42:10	01:23:54	02:07:22	02:50:22	02:58:51
85	1926	KLONOWSKI Mariusz	M	POL	M40	18	00:21:23	00:42:38	01:24:04	02:07:48	02:50:42	02:58:56
86	1770	GENDZIERSKI Paweł	M	POL	M40	19	00:21:08	00:42:16	01:24:07	02:08:50	02:50:45	02:58:57
87	1828	GUZIK Bartosz	M	POL	M40	20	00:21:22	00:42:37	01:24:42	02:08:44	02:50:44	02:58:58
88	2538	ZIEMEK Tomasz	M	POL	M40	21	00:21:22	00:42:37	01:24:42	02:08:44	02:50:45	02:58:59
89	660	HENNEKEN Claudia Maria	W	GER	W35	2	00:21:10	00:42:39	01:24:44	02:08:47	02:50:58	02:59:10
90	2271	RADTKA Tomasz	M	POL	M45	19	00:21:10	00:42:13	01:23:51	02:07:50	02:50:44	02:59:14
91	2477	WIRA Mariusz	M	POL	M50	15	00:21:08	00:42:08	01:23:44	02:07:50	02:50:46	02:59:16
92	2929	DAVIDSUN Kamal	M	SWE	M50	16	00:20:16	00:40:59	01:21:20	02:06:26	02:50:46	02:59:23
93	2075	MALINOWSKI Adam	M	POL	M35	20	00:21:23	00:42:38	01:24:43	02:08:46	02:51:11	02:59:29
94	2469	WIECZOREK Maciej	M	POL	M40	22	00:21:36	00:42:59	01:25:26	02:09:21	02:51:41	02:59:31
95	2495	WOJTAS Stefan	M	POL	M40	23	00:21:09	00:42:12	01:24:01	02:07:54	02:50:50	02:59:32
96	2092	MATLOK Marek	M	POL	M45	20	00:20:56	00:42:12	01:24:08	02:08:21	02:51:16	02:59:34
97	1716	DAMEC Aleksander	M	POL	M50	17	00:21:11	00:42:14	01:24:05	02:07:50	02:51:34	02:59:46
98	2379	SUSARSKI Mateusz	M	POL			00:21:07	00:42:11	01:23:43	02:06:51	02:51:15	02:59:56
99	1946	KONRAD Artur	M	POL	M45	21	00:21:35	00:43:07	01:25:26	02:09:40	02:51:59	02:59:56
100	1827	GUTRAL Magdalena	W	POL	W45	2	00:20:56	00:42:07	01:24:03	02:08:31	02:51:34	02:59:58
101	1861	JANEK Sylwester	M	POL	M35	21	00:21:17	00:42:39	01:24:46	02:08:52	02:51:50	03:00:01
102	2254	POSACKI Zbigniew	M	POL	M45	22	00:21:43	00:43:12	01:24:38	02:09:00	02:51:44	03:00:01
103	96	DIMITROVA Tanya	W	BUL	W40	3	00:20:05	00:40:40	01:21:39	02:06:32	02:51:34	03:00:09
104	2297	RUSAK Sławomir	M	POL	M50	18	00:19:37	00:39:27	01:18:18	02:02:01	02:51:05	03:00:09
105	2193	OSTROWSKI Sławomir	M	POL	M40	24	00:20:58	00:42:13	01:24:06	02:08:29	02:51:57	03:00:13
106	1999	KUBIAK Tomasz	M	POL	M45	23	00:21:50	00:43:29	01:25:26	02:09:30	02:52:54	03:01:41
107	1711	CZOSNOWSKI Krzysztof	M	POL	M45	24	00:21:47	00:43:31	01:25:50	02:09:59	02:53:31	03:01:56
108	1136	KENNY Ray	M	IRL	M50	19	00:21:07	00:42:08	01:24:03	02:08:54	02:52:57	03:02:06
109	1948	KONKA Tomasz	M	POL	M40	25	00:21:22	00:42:37	01:24:42	02:08:44	02:53:43	03:02:32
110	22	FREITAG Karin	W	AUT	W40	4	00:20:58	00:42:14	01:24:18	02:09:19	02:53:44	03:02:39
111	1935	KOBUS Tomasz	M	POL	M40	26	00:20:15	00:41:00	01:21:36	02:06:23	02:52:30	03:02:50
112	1947	KONRAD Marcin	M	POL	M40	27	00:21:08	00:42:42	01:25:11	02:10:19	02:54:18	03:03:07
113	2810	LEBRERO SUÁREZ Angel	M	ESP	M55	8	00:19:29	00:39:39	01:21:01	02:06:35	02:54:39	03:03:31
114	3303	MCDONALD Susan	W	GBR	W55	1	00:20:47	00:42:11	01:24:37	02:10:34	02:55:18	03:03:42
115	2365	STOLARZ Mariusz	M	POL	M50	20	00:20:47	00:41:56	01:24:02	02:09:16	02:55:11	03:04:01
116	1765	GAWEŁ Piotr	M	POL	M40	28	00:21:23	00:42:38	01:24:24	02:08:46	02:55:04	03:04:26
117	2392	SZEWCZYK Rafał	M	POL	M45	25	00:22:37	00:44:54	01:27:22	02:12:02	02:55:55	03:04:42
118	1818	GRZEMSKI Marcin	M	POL	M35	22	00:22:08	00:44:24	01:28:03	02:13:35	02:56:35	03:04:55
119	2395	SZKARADEK Aleksander	M	POL	M40	29	00:22:42	00:45:25	01:30:14	02:15:57	02:57:09	03:05:02
120	2165	NOWAK Patryk	M	POL	M45	26	00:21:06	00:42:09	01:23:43	02:08:28	02:56:03	03:05:07
121	1730	DOBIA Andrzej	M	POL	M60	2	00:21:23	00:42:44	01:25:08	02:10:52	02:56:08	03:05:11
122	3099	TYMOSHENKO Serhii	M	UKR	M60	3	00:20:50	00:42:13	01:24:28	02:10:02	02:55:59	03:05:13
123	1542	FJELLDahl Stig	M	NOR	M50	21	00:21:31	00:43:07	01:25:16	02:11:00	02:56:34	03:05:16
124	217	VODRÁŽKA Martin	M	CZE	M55	9	00:22:25	00:44:52	01:28:12	02:13:16	02:57:14	03:05:56
125	1693	CHWIROT Kazimierz	M	POL	M50	22	00:21:37	00:43:24	01:26:14	02:11:57	02:57:32	03:06:18
126	2229	PIŁAT Wojciech	M	POL	M35	23	00:22:02	00:44:30	01:28:04	02:13:39	02:57:43	03:06:20
127	1667	BRZOZOWSKI Piotr	M	POL	M45	27	00:22:04	00:44:32	01:27:58	02:13:38	02:58:01	03:06:28
128	2154	NIEKRAŚ Lidia	W	POL	W40	5	00:21:44	00:43:12	01:24:17	02:09:25	02:56:28	03:06:31
129	2339	SOBCZAK Tomasz	M	POL	M45	28	00:22:41	00:45:11	01:29:00	02:15:32	02:58:39	03:06:32
130	2236	PŁOCHOCKI Ryszard	M	POL	M60	4	00:22:08	00:44:31	01:28:02	02:13:36	02:57:43	03:06:34
131	2291	RÓŻYCKI Grzegorz	M	POL	M45	29	00:21:09	00:42:56	01:25:28	02:12:27	02:58:03	03:06:37
132	2049	LUTY LEGUTKO Anna	W	POL	W40	6	00:21:42	00:43:34	01:27:26	02:13:59	02:58:17	03:06:39
133	1673	BULIK Grażyna	W	POL	W45	3	00:21:45	00:43:45	01:27:06	02:13:15	02:58:04	03:06:46
134	2437	TRUSIAK Artur	M	POL	M50	23	00:22:03	00:44:03	01:26:55	02:13:22	02:58:29	03:06:49
135	2005	KUCZKO Jarosław	M	POL	M55	10	00:21:57	00:43:57	01:26:55	02:13:09	02:57:53	03:06:54
136	1630	BIENIEK-UGNIEWSKA Joanna	W	POL	W40	7	00:22:05	00:44:35	01:28:04	02:13:49	02:58:12	03:06:57
137	1796	GÓRZYŃSKI Maciej	M	POL	M50	24	00:22:02	00:44:03	01:26:55	02:13:22	02:58:29	03:07:02
138	3163	CHARLTON Catherine	W	GBR	W45	4	00:22:21	00:44:48	01:28:39	02:14:20	02:58:38	03:07:13
139	2449	WAŁĘSA Miłosz	M	POL	M35	24	00:21:22	00:42:37	01:24:42	02:08:45	02:57:49	03:07:37
140	1870	JAREMCZUK Jerzy	M	POL	M40	30	00:21:25	00:42:57	01:25:04	02:11:34	02:59:10	03:08:05
141	1747	DYRDA Tomasz	M	POL	M50	25	00:21:43	00:43:24	01:26:06	02:12:01	02:59:27	03:08:32
142	1414	LERME Ritvars	M	LAT	M45	30	00:22:24	00:45:28	01:29:50	02:16:52	03:01:41	03:09:58
143	2096	MAKA Sławomir	M	POL	M55	11	00:22:35	00:45:10	01:29:14	02:16:25	03:01:54	03:10:31
144	1991	KRUPIŃSKI Bogumił	M	POL	M50	26	00:21:51	00:44:00	01:27:29	02:13:58	03:01:33	03:10:35
145	1184	SLOCUM Mary	W	IRL	W60	1	00:21:40	00:43:58	01:27:59	02:14:45	03:01:17	03:10:41
146	2051	ŁACEK Zbigniew	M	POL	M50	27	00:19:42	00:39:53	01:19:34	02:06:42	03:01:10	03:10:57
147	2090	MAŚLANKA Jacek	M	POL	M45	31	00:22:33	00:45:23	01:30:01	02:16:23	03:02:11	03:11:07
148	2324	SIENKIEWICZ GADZIKOWSKA Paulina	W	POL	W40	8	00:22:58	00:46:01	01:31:11	02:18:33	03:03:12	03:11:23
149	2314	SAWIŃSKI Henryk	M	POL	M40	31	00:22:59	00:46:21	01:31:46	02:19:15	03:03:33	03:11:25
150	2433	TOMCZYK Marcin	M	POL	M50	28	00:21:43	00:43:33	01:27:26	02:14:50	03:02:36	03:12:30
151	1722	DELIMAN Jakub	M	POL			00:22:42	00:45:43	01:30:47	02:17:58	03:03:43	03:12:45
152	2364	STOLARSKI Krzysztof	M	POL	M50	29	00:22:02	00:44:04	01:26:55	02:13:48	03:03:20	03:12:48

14. European Masters Athletics Championships Indoor



Data: 23.03.2024r.
Dystans: 42,195 km
Miejscowość: Toruń

Msc.	Nr start.	Nazwisko Imię	Płeć	Kraj	Kat	Msc Kat	5km	10km	20km	30km	40km	Wynik
153	1927	KŁODAWSKI Przemysław	M	POL	M35	25	00:21:39	00:43:51	01:27:57	02:15:20	03:03:28	03:12:51
154	2417	TABOREK Janusz	M	POL	M50	30	00:23:14	00:46:13	01:30:41	02:17:45	03:03:18	03:12:55
155	2015	KURKOWSKI Marek	M	POL	M55	12	00:20:47	00:42:13	01:25:19	02:13:57	03:03:02	03:12:57
156	2398	SZOSTEK Hubert	M	POL			00:22:08	00:44:27	01:28:29	02:15:49	03:03:30	03:13:06
157	2288	ROSZAK Marcin	M	POL	M40	32	00:22:28	00:44:51	01:29:13	02:17:29	03:04:05	03:13:25
158	1775	GIDEL Witold	M	POL	M60	5	00:23:09	00:46:27	01:31:38	02:19:34	03:04:45	03:13:33
159	1967	KOSZTOWNY Agata	W	POL	W35	3	00:22:04	00:44:30	01:28:49	02:17:53	03:05:04	03:14:15
160	2228	PILARSKI Krzysztof	M	POL	M40	33	00:21:25	00:43:12	01:25:40	02:13:48	03:05:03	03:14:49
161	2018	KURPISZ Sławomir	M	POL	M50	31	00:23:09	00:46:14	01:30:53	02:18:31	03:05:16	03:15:48
162	2307	SADECKI Karol	M	POL	M35	26	00:22:02	00:44:30	01:28:02	02:13:37	03:07:09	03:16:52
163	2441	TULEJA Aleksandra	W	POL			00:22:54	00:46:27	01:33:05	02:21:14	03:07:50	03:16:53
164	1906	KARPIŃSKI Wiesław	M	POL	M60	6	00:22:20	00:44:32	01:27:58	02:13:39	03:05:36	03:16:59
165	2060	MACIOŁ Andrzej	M	POL	M65	2	00:22:52	00:46:20	01:32:26	02:21:36	03:08:20	03:17:01
166	2507	WOŹNIAK Andrzej	M	POL	M55	13	00:23:09	00:46:26	01:31:53	02:20:10	03:07:36	03:17:17
167	3254	HIGGS Chris	M	GBR	M65	3	00:23:03	00:46:23	01:31:34	02:20:25	03:07:41	03:17:31
168	1682	CHABIOR Iwona	W	POL	W40	9	00:21:37	00:43:32	01:27:41	02:17:46	03:07:51	03:17:39
169	1778	GIERSZEWSKI Jarosław	M	POL	M45	32	00:22:58	00:45:38	01:29:21	02:16:29	03:07:25	03:17:41
170	2128	MOKRZYCKI Rafał	M	POL	M45	33	00:23:59	00:48:32	01:36:05	02:23:52	03:09:21	03:18:40
171	1669	BUCZYŃSKI Arkadiusz	M	POL	M50	32	00:24:01	00:48:32	01:36:05	02:23:52	03:09:51	03:18:58
172	607	EHRET Juergen	M	GER	M60	7	00:21:11	00:42:39	01:24:43	02:17:32	03:09:46	03:19:02
173	2607	MURESAN Victoria	W	ROU	W55	2	00:22:52	00:46:20	01:32:56	02:22:25	03:09:50	03:19:09
174	2240	PŁUŻAŃSKA Katarzyna	W	POL	W35	4	00:24:34	00:48:34	01:34:57	02:23:20	03:10:23	03:19:20
175	1990	KRÓL Krzysztof	M	POL	M45	34	00:24:28	00:48:27	01:34:45	02:23:21	03:10:26	03:19:33
176	2264	PRZEWORSKA Basia	W	POL	W40	10	00:22:20	00:44:47	01:29:13	02:20:12	03:10:20	03:19:39
177	1797	GRABDA Karol	M	POL	M45	35	00:22:21	00:44:47	01:29:13	02:20:12	03:10:20	03:19:40
178	3062	HURBYK Andrii	M	UKR	M60	8	00:22:29	00:45:43	01:31:29	02:20:46	03:10:04	03:19:47
179	3065	KAZYMYROVA Olha	W	UKR	W45	5	00:24:41	00:49:28	01:37:20	02:26:08	03:11:03	03:19:47
180	2505	WOSIAK Małgorzata	W	POL			00:23:13	00:46:26	01:32:28	02:22:26	03:10:24	03:19:53
181	2335	SŁAWIŃSKI Wiesław Józef	M	POL	M65	4	00:22:52	00:46:18	01:31:17	02:20:01	03:10:30	03:20:39
182	1582	ABUCEWICZ Marek	M	POL	M50	33	00:22:42	00:45:28	01:30:10	02:20:40	03:11:01	03:21:38
183	2457	WAWRZYNOWICZ Sylwester	M	POL	M40	34	00:22:48	00:45:48	01:31:26	02:21:40	03:12:23	03:21:49
184	1636	BŁASZCZYK Czesław	M	POL	M55	14	00:21:58	00:44:38	01:29:23	02:19:30	03:11:57	03:21:53
185	2150	NAKONIECZNA Monika	W	POL	W40	11	00:23:10	00:46:30	01:32:38	02:21:36	03:12:35	03:21:54
186	2281	ROK-SZPALA Sylwia	W	POL	W40	12	00:23:44	00:47:38	01:34:25	02:23:40	03:12:22	03:22:05
187	2352	SPYCHAŁSKI Zbigniew	M	POL	M60	9	00:20:13	00:41:13	01:23:26	02:12:58	03:10:30	03:22:21
188	2294	RUDERA Waldemar	M	POL	M35	27	00:21:41	00:43:07	01:25:45	02:13:58	03:10:29	03:22:21
189	1815	GRYCIUK Walenty	M	POL	M55	15	00:22:17	00:44:30	01:28:30	02:18:50	03:12:44	03:22:29
190	1813	GRUSZKA Janusz	M	POL	M35	28	00:22:59	00:46:03	01:32:02	02:21:18	03:12:45	03:22:50
191	1655	BRUDEREK Tomasz	M	POL	M45	36	00:22:49	00:45:35	01:31:10	02:20:24	03:13:04	03:23:09
192	760	LEMM Tobias	M	GER	M45	37	00:24:52	00:49:26	01:37:07	02:26:08	03:13:47	03:23:11
193	2393	SZEWCZYK-RAUCH Urszula	W	POL	W50	2	00:22:54	00:46:27	01:33:13	02:23:46	03:13:59	03:23:16
194	3054	CHUIKOV Hryhorii	M	UKR	M35	29	00:23:49	00:48:02	01:34:58	02:25:34	03:14:26	03:23:35
195	1963	KOSTKA Bogumił	M	POL	M40	35	00:23:46	00:47:41	01:34:55	02:23:28	03:13:42	03:23:36
196	1744	DURYS Jarosław	M	POL	M45	38	00:21:39	00:44:12	01:29:02	02:21:09	03:13:57	03:23:52
197	2460	WERENKOWICZ-WRONA Ilona	W	POL	W40	13	00:23:21	00:47:01	01:33:19	02:24:16	03:14:04	03:24:06
198	1817	GRZEMSKI Błażej	M	POL	M35	30	00:24:45	00:48:59	01:36:33	02:25:21	03:14:52	03:24:11
199	2486	WŁOCHAŁ Piotr	M	POL	M50	34	00:23:55	00:47:38	01:34:27	02:24:06	03:14:40	03:24:12
200	2122	MISTYGACZ Jakub	M	POL	M40	36	00:22:55	00:46:27	01:32:30	02:23:30	03:14:43	03:24:17
201	1603	BALICKI Andrzej	M	POL	M70	1	00:23:46	00:47:33	01:34:14	02:24:17	03:14:19	03:24:24
202	1987	KRAWIEC Sławomir	M	POL	M35	31	00:24:23	00:48:35	01:35:40	02:25:18	03:14:56	03:24:31
203	2125	MODLIŚZEWSKI Dariusz	M	POL	M45	39	00:22:40	00:46:14	01:32:25	02:23:05	03:14:26	03:24:35
204	2472	WIĘCKOWSKI Tomasz	M	POL	M50	35	00:23:11	00:46:28	01:33:16	02:24:50	03:15:19	03:24:43
205	939	WEISHAUPT Christian	M	GER	M60	10	00:23:37	00:47:33	01:34:20	02:23:48	03:14:41	03:25:00
206	2563	CONCEIÇÃO Júlia	W	POR	W55	3	00:22:34	00:46:07	01:32:29	02:24:09	03:15:06	03:25:02
207	323	LAITILA Eki	M	FIN	M70	2	00:24:20	00:48:36	01:35:17	02:25:12	03:14:51	03:25:14
208	2267	PUŁKOWNIK Maciej	M	POL	M50	36	00:23:56	00:48:03	01:35:08	02:25:18	03:15:21	03:25:20
209	1860	JAKUSIK Jacek	M	POL	M55	16	00:23:49	00:47:14	01:33:18	02:23:17	03:15:12	03:25:28
210	1653	BRANIA Hieronim	M	POL	M55	17	00:24:47	00:49:20	01:37:07	02:27:45	03:16:19	03:25:42
211	2093	MATUSZEWSKA Elżbieta	W	POL	W40	14	00:23:56	00:48:17	01:36:11	02:27:49	03:17:22	03:26:43
212	2197	PAJDOSZ Katarzyna	W	POL	W40	15	00:23:29	00:47:24	01:34:33	02:27:05	03:17:16	03:26:47
213	1878	JAWORSKI Marek	M	POL	M60	11	00:22:57	00:46:15	01:32:50	02:24:27	03:16:39	03:26:55
214	1882	JÓZEFOWSKI Tomasz	M	POL	M50	37	00:25:33	00:50:31	01:38:21	02:28:59	03:17:11	03:27:03
215	2276	REGULSKI Dariusz	M	POL	M55	18	00:24:37	00:48:32	01:36:07	02:24:58	03:18:10	03:27:11
216	262	KAAPA Valeri	M	EST	M65	5	00:22:27	00:45:23	01:31:33	02:22:11	03:16:10	03:27:23
217	2555	ŽUK Paweł	M	POL	M45	40	00:24:50	00:49:43	01:38:08	02:29:05	03:18:34	03:27:35
218	3097	TERENTIEV Oleg	M	UKR	M55	19	00:24:51	00:49:23	01:37:20	02:28:22	03:18:30	03:27:39
219	2450	WARCABA Waldemar	M	POL	M50	38	00:24:08	00:48:34	01:37:10	02:28:49	03:18:53	03:27:55
220	1276	GALIO TO Maria Alessandra	W	ITA	W45	6	00:24:49	00:49:20	01:37:18	02:28:36	03:18:28	03:28:05
221	3068	KONDRUK Valeriy	M	UKR	M60	12	00:24:51	00:49:24	01:37:19	02:28:23	03:18:30	03:28:05
222	1863	JANIK Paweł	M	POL	M45	41	00:22:54	00:45:49	01:31:44	02:22:06	03:17:14	03:28:14
223	2358	STEFANIAK Grzegorz	M	POL	M45	42	00:25:08	00:50:25	01:38:54	02:30:01	03:19:05	03:28:36
224	2222	PIERNIKOWSKI Mateusz	M	POL			00:25:14	00:49:56	01:37:52	02:28:58	03:18:53	03:28:42
225	1719	DEC Stanisław	M	POL	M55	20	00:24:01	00:48:34	01:36:07	02:26:37	03:18:15	03:28:55
226	1791	GÓRALSKI Jarosław	M	POL	M50	39	00:24:02	00:48:22	01:36:10	02:27:20	03:18:24	03:28:56
227	593	DEISS Sonja	W	GER	W45	7	00:23:50	00:48:00	01:35:47	02:27:57	03:19:09	03:29:05
228	2014	KUREK Mariusz	M	POL	M50	40	00:24:21	00:49:08	01:38:04	02:28:58	03:18:59	03:29:09

14. European Masters Athletics Championships Indoor



Data: 23.03.2024r.
Dystans: 42,195 km
Miejscowość: Toruń

Msc.	Nr start.	Nazwisko Imię	Płeć	Kraj	Kat	Msc Kat	5km	10km	20km	30km	40km	Wynik
229	2485	WIZE Małgorzata	W	POL	W40	16	00:24:45	00:49:23	01:37:06	02:27:58	03:19:13	03:29:24
230	2004	KUCZKO Agnieszka	W	POL	W50	3	00:24:52	00:49:46	01:38:11	02:29:16	03:19:51	03:29:26
231	1850	JABŁOŃSKI Dominik	M	POL	M40	37	00:23:44	00:47:38	01:34:25	02:23:40	03:18:39	03:29:34
232	1942	KOŁTUNIAK Zbigniew	M	POL	M40	38	00:25:01	00:49:53	01:39:00	02:30:17	03:20:08	03:29:48
233	2308	SADŁO Tomasz	M	POL	M40	39	00:23:46	00:47:37	01:34:56	02:26:46	03:19:37	03:29:50
234	2293	RUDERA Piotr	M	POL	M35	32	00:24:44	00:49:31	01:38:49	02:30:01	03:19:55	03:29:55
235	1750	FEICHTINGER Marek	M	POL	M45	43	00:23:41	00:47:57	01:35:24	02:28:32	03:19:40	03:30:07
236	2554	ŻMUDA-TRZEBIATOWSKA Dorota	W	POL	W40	17	00:25:01	00:49:53	01:39:01	02:30:17	03:20:13	03:30:07
237	1842	HOŁÓWKA Sławomir	M	POL	M50	41	00:22:40	00:46:03	01:31:41	02:22:27	03:18:54	03:30:18
238	2243	POGORZAŁA Andrzej	M	POL	M35	33	00:24:28	00:48:26	01:34:45	02:24:02	03:18:53	03:30:30
239	2066	MAJEWSKI Krzysztof	M	POL	M40	40	00:23:15	00:46:26	01:32:14	02:22:46	03:19:07	03:30:55
240	2070	MAKOWSKA Danuta	W	POL	W45	8	00:22:43	00:46:19	01:32:08	02:25:11	03:20:19	03:30:56
241	3073	LAZARIEVA Viktoriia	W	UKR	W40	18	00:25:08	00:49:45	01:37:54	02:30:12	03:20:59	03:30:58
242	2272	RADTKE Damian	M	POL	M40	41	00:24:47	00:49:30	01:38:14	02:30:19	03:21:03	03:31:08
243	2464	WERNER Katarzyna	W	POL			00:22:24	00:45:44	01:32:48	02:28:41	03:21:54	03:32:10
244	52	STARZ Elisabeth	W	AUT	W50	4	00:25:09	00:50:26	01:38:55	02:31:18	03:22:36	03:32:36
245	1843	HORNIK Zbigniew	M	POL	M65	6	00:22:52	00:46:22	01:33:26	02:24:34	03:20:05	03:33:17
246	2019	KURZOBROCKA-PIPIA Ewelina	W	POL	W35	5	00:24:41	00:49:28	01:38:10	02:30:34	03:22:56	03:33:19
247	856	ROHREGGER Robert	M	GER	M60	13	00:25:08	00:50:24	01:38:53	02:30:10	03:22:35	03:33:42
248	1697	CIUPA Jarosław	M	POL	M50	42	00:24:44	00:49:10	01:37:03	02:29:00	03:23:13	03:33:43
249	1743	DUDZIAK Dariusz	M	POL	M45	44	00:24:43	00:50:39	01:40:45	02:33:41	03:24:11	03:33:47
250	1612	BARTOSZ Marek	M	POL	M40	42	00:24:24	00:48:19	01:35:09	02:25:36	03:21:59	03:33:57
251	2127	MODZELEWSKI Wiesław	M	POL	M55	21	00:25:12	00:50:25	01:40:36	02:33:30	03:24:31	03:34:26
252	2480	WIŚNIEWSKI Bartłomiej	M	POL	M35	34	00:25:35	00:51:45	01:40:12	02:32:15	03:25:00	03:34:33
253	1914	KAŻMIRSKI Dariusz	M	POL	M50	43	00:23:23	00:47:07	01:34:30	02:28:12	03:23:39	03:34:49
254	2594	GEORGETA ALEXANDRA Romanciuc	W	ROU	W35	6	00:22:52	00:46:21	01:33:34	02:28:25	03:24:07	03:35:31
255	2348	SÓJKA Paweł	M	POL	M65	7	00:25:27	00:50:46	01:39:52	02:32:32	03:25:22	03:35:54
256	1838	HERZBERG Przemysław	M	POL	M35	35	00:23:28	00:48:13	01:37:05	02:31:10	03:26:14	03:35:57
257	2058	MACIASZEK Krzysztof	M	POL	M40	43	00:25:38	00:51:07	01:41:20	02:34:06	03:26:50	03:36:30
258	2584	BORS Paraschiva	W	ROU	W55	4	00:25:21	00:51:14	01:43:01	02:36:30	03:27:08	03:36:43
259	2013	KUNKE Tomasz	M	POL	M45	45	00:23:43	00:47:38	01:34:54	02:29:19	03:25:45	03:37:02
260	1229	CASO Anna Maria	W	ITA	W60	2	00:24:56	00:50:37	01:41:31	02:36:19	03:27:16	03:37:05
261	1731	DOBROŁOWICZ Marta	W	POL	W40	19	00:26:06	00:52:44	01:43:01	02:36:17	03:27:24	03:37:10
262	2102	MICHALAK Mariusz	M	POL	M55	22	00:25:11	00:49:56	01:39:02	02:30:21	03:24:44	03:37:12
263	2006	KUJAWINSKI Artur	M	POL	M45	46	00:25:34	00:51:44	01:42:43	02:34:31	03:27:10	03:37:21
264	2387	SZATKOWSKI Kamil	M	POL	M35	36	00:26:06	00:52:32	01:43:36	02:36:18	03:27:20	03:37:33
265	1587	ALBRECHT Michał	M	POL			00:26:15	00:52:18	01:42:20	02:35:11	03:27:51	03:37:42
266	1135	KENNY Annmarie	W	IRL	W45	9	00:24:30	00:49:33	01:38:47	02:33:30	03:27:23	03:37:42
267	2152	NELKE Eliaasz	M	POL	M35	37	00:26:45	00:52:45	01:44:01	02:35:44	03:27:40	03:37:50
268	2211	PAZIEWSKI Mirosław	M	POL	M50	44	00:25:08	00:49:46	01:39:25	02:34:02	03:28:04	03:38:07
269	3091	SOLODOVNYK Ivan	M	UKR	M60	14	00:25:11	00:50:23	01:40:23	02:33:32	03:27:38	03:38:22
270	2196	PACZUŁA Stanisław	M	POL	M50	45	00:25:39	00:51:16	01:40:35	02:33:41	03:28:03	03:38:40
271	2512	WYMYŚŁO Andrzej	M	POL	M65	8	00:24:41	00:49:34	01:38:18	02:30:59	03:26:53	03:39:11
272	2174	OBARA Aneta	W	POL	W50	5	00:25:35	00:51:43	01:42:31	02:36:06	03:29:44	03:39:59
273	2341	SOKOŁ Ula	W	POL	W40	20	00:26:01	00:52:05	01:42:23	02:36:53	03:30:23	03:40:27
274	2444	UCIEKLAK Waldemar	M	POL	M60	15	00:24:15	00:48:03	01:35:27	02:30:09	03:29:53	03:40:28
275	2770	FERVENZA ENTENZA Pablo	M	ESP	M70	3	00:22:22	00:44:36	01:27:56	02:26:02	03:27:42	03:40:34
276	2129	MOLENDAA Adam	M	POL	M55	23	00:25:13	00:50:40	01:41:00	02:35:57	03:30:21	03:40:41
277	2305	RZADKOWSKI Przemysław	M	POL			00:24:38	00:49:24	01:39:58	02:35:08	03:29:44	03:40:45
278	2415	ŚWIECICKI Samuel	M	POL	M35	38	00:22:04	00:45:06	01:32:09	02:28:36	03:29:06	03:40:52
279	2108	MICHAŁSKI Jarosław	M	POL	M35	39	00:25:08	00:50:45	01:41:26	02:36:55	03:31:07	03:41:03
280	3069	KOVALSKA Valentyna	W	UKR	W50	6	00:24:38	00:49:40	01:38:28	02:34:57	03:30:37	03:41:04
281	1607	BARAN Jacek	M	POL	M55	24	00:25:04	00:49:57	01:38:56	02:31:08	03:30:25	03:41:28
282	2475	WILK Sylwester	M	POL	M40	44	00:27:56	00:53:55	01:43:41	02:35:05	03:30:34	03:41:35
283	2499	WOJTYSIAK Wojciech	M	POL	M55	25	00:26:40	00:52:26	01:42:34	02:35:40	03:30:39	03:41:44
284	2126	MODZELEWSKI Krzysztof	M	POL	M55	26	00:25:12	00:50:24	01:40:35	02:36:54	03:32:02	03:42:44
285	20	ELSER Angelika	W	AUT	W50	7	00:25:08	00:50:26	01:38:53	02:30:32	03:29:49	03:42:50
286	1832	HAJKOWICZ Ewa	W	POL	W45	10	00:26:27	00:52:56	01:45:06	02:40:13	03:33:28	03:43:05
287	2123	MISUN-NOWAK Katarzyna	W	POL	W40	21	00:26:29	00:53:02	01:45:08	02:40:23	03:33:33	03:43:43
288	1757	GABRYELSKI Marcin	M	POL	M40	45	00:23:56	00:48:14	01:34:20	02:29:04	03:32:56	03:44:53
289	2389	SZCZEPAŃSKI Dariusz	M	POL	M50	46	00:26:52	00:53:40	01:46:00	02:40:44	03:34:18	03:45:05
290	2331	SKIBIŃSKA Małgorzata	W	POL	W45	11	00:27:49	00:54:45	01:46:14	02:41:40	03:35:24	03:45:29
291	2336	SŁONECKI Cezary	M	POL	M50	47	00:25:47	00:50:41	01:40:12	02:35:05	03:33:43	03:45:58
292	2633	BÁTOVSKÝ Miroslav	M	SVK	M50	48	00:25:13	00:50:26	01:41:53	02:39:23	03:35:52	03:46:13
293	2454	WASILEWSKI Aleksander	M	POL	M50	49	00:24:39	00:49:29	01:38:40	02:34:49	03:34:50	03:46:43
294	2247	POLATOWSKI Krzysztof	M	POL	M40	46	00:24:52	00:49:47	01:38:47	02:34:49	03:36:01	03:46:43
295	2159	NOGA Robert	M	POL	M60	16	00:27:12	00:53:42	01:45:56	02:40:57	03:36:01	03:46:50
296	2284	ROSIEK Robert	M	POL	M45	47	00:28:10	00:55:46	01:49:19	02:44:18	03:36:34	03:47:00
297	2137	MORAWSKI Maciej	M	POL	M35	40	00:25:45	00:51:16	01:42:00	02:37:14	03:35:31	03:47:16
298	2422	TELEGA Robert	M	POL	M55	27	00:25:31	00:51:09	01:41:50	02:38:42	03:35:49	03:47:24
299	3063	IVAROVSKA Nina	W	UKR	W60	3	00:27:09	00:54:00	01:45:44	02:41:15	03:36:28	03:48:04
300	2421	TELEGA Artur	M	POL	M45	48	00:25:35	00:51:08	01:41:52	02:39:00	03:36:44	03:48:14
301	2184	OLSZYŃSKI Sebastian	M	POL	M45	49	00:24:55	00:49:24	01:38:12	02:34:18	03:37:07	03:48:31
302	2917	ANDERSSON Bo	M	SWE	M70	4	00:26:59	00:53:36	01:45:47	02:42:18	03:37:58	03:48:40
303	1957	KOS Rafał	M	POL	M45	50	00:28:43	00:56:59	01:51:19	02:46:34	03:38:13	03:48:56
304	1713	CZUK Marek	M	POL	M70	5	00:26:28	00:52:56	01:44:06	02:39:32	03:37:46	03:49:33

14. European Masters Athletics Championships Indoor



Data: 23.03.2024r.
Dystans: 42,195 km
Miejscowość: Toruń

Msc.	Nr start.	Nazwisko Imię	Płeć	Kraj	Kat	Msc Kat	5km	10km	20km	30km	40km	Wynik
305	1846	HUSIŃSKI Zbigniew	M	POL	M50	50	00:27:10	00:54:05	01:47:44	02:43:08	03:39:04	03:49:35
306	1839	HERZOG Dobromir	M	POL	M45	51	00:28:16	00:55:34	01:48:03	02:44:19	03:39:11	03:49:44
307	1792	GÓRALSKI Krzysztof	M	POL	M55	28	00:25:17	00:51:37	01:45:10	02:43:41	03:39:24	03:49:57
308	2597	HARJOC Vasile	M	ROU	M70	6	00:22:23	00:45:23	01:32:11	02:32:36	03:39:05	03:50:20
309	2277	RESZELEWSKI Tomasz	M	POL	M45	52	00:29:04	00:57:00	01:51:26	02:47:42	03:41:18	03:51:26
310	2032	LEWANDOWSKI Maciej	M	POL	M40	47	00:24:54	00:50:05	01:39:50	02:37:40	03:39:56	03:51:27
311	2966	MAKROF Karima	W	SWE	W45	12	00:24:45	00:50:50	01:42:28	02:40:41	03:40:04	03:51:28
312	2338	SNOCH Ryszard	M	POL	M50	51	00:27:03	00:53:49	01:47:07	02:44:30	03:41:18	03:51:29
313	2410	ŚLĄZAK Andrzej	M	POL	M60	17	00:27:51	00:55:33	01:49:35	02:46:41	03:41:16	03:51:39
314	1613	BARTOSZ Mariola	W	POL	W45	13	00:28:01	00:55:31	01:49:25	02:47:13	03:41:22	03:51:49
315	1748	DZIEKONSKI Tadeusz	M	POL	M70	7	00:28:44	00:57:40	01:52:36	02:48:56	03:41:17	03:51:54
316	1668	BRZYKCY Jacek	M	POL	M40	48	00:26:51	00:53:18	01:45:13	02:41:34	03:40:02	03:52:12
317	2319	SĘDECKI Piotr	M	POL	M60	18	00:26:48	00:53:53	01:47:36	02:46:48	03:42:26	03:52:27
318	2091	MATEJA Józef	M	POL	M60	19	00:26:49	00:54:07	01:47:41	02:44:21	03:41:29	03:52:44
319	2156	NIEMIEC Marek	M	POL	M50	52	00:25:06	00:50:36	01:47:43	02:47:44	03:42:22	03:52:48
320	274	OBLIKAS Janek	M	EST	M50	53	00:26:51	00:53:40	01:46:51	02:43:02	03:41:05	03:52:50
321	1608	BARANOWSKI Filip	M	POL	M45	53	00:25:40	00:51:50	01:44:04	02:40:59	03:40:05	03:52:56
322	1910	KASPRZAK Łukasz	M	POL	M45	54	00:26:45	00:53:59	01:46:47	02:43:05	03:41:22	03:52:58
323	2225	PIETRUSIŃSKI Marcin	M	POL	M45	55	00:28:44	00:57:27	01:52:16	02:48:19	03:42:46	03:53:06
324	2514	WYSOKIŃSKI Jerzy	M	POL	M60	20	00:26:45	00:54:07	01:50:27	02:47:44	03:43:06	03:53:25
325	1998	KUBAT Jakub	M	POL	M35	41	00:27:51	00:54:56	01:47:50	02:43:22	03:41:06	03:53:35
326	1695	CICHOŃ Konrad	M	POL			00:27:07	00:53:09	01:43:54	02:39:51	03:42:28	03:54:02
327	2945	HANSSON Karl Anders	M	SWE	M60	21	00:25:29	00:50:35	01:39:14	02:40:19	03:42:31	03:54:09
328	2142	MURAWSKI Marek	M	POL	M35	42	00:23:09	00:47:34	01:35:45	02:36:23	03:42:11	03:54:47
329	1617	BEDERSKI Piotr	M	POL	M40	49	00:28:12	00:55:26	01:49:43	02:47:06	03:44:44	03:55:20
330	1913	KAŹMIERSKI Grzegorz	M	POL	M55	29	00:26:28	00:54:54	01:45:19	02:42:27	03:43:35	03:55:34
331	2391	SZEJNER Jarosław	M	POL	M50	54	00:27:13	00:52:38	01:42:51	02:40:53	03:42:30	03:55:36
332	2481	WIŚNIEWSKI Damian	M	POL	M35	43	00:28:15	00:57:07	01:52:19	02:49:32	03:43:58	03:55:42
333	1814	GRUSZKA Wiktor	M	POL	M60	22	00:23:49	00:47:40	01:34:30	02:35:01	03:43:11	03:55:43
334	2176	OKULICZ Anita	W	POL	W35	7	00:28:18	00:56:34	01:51:19	02:48:35	03:44:51	03:55:44
335	1886	KACZMARSKI Artur	M	POL	M45	56	00:27:13	00:54:52	01:48:11	02:46:07	03:45:24	03:56:10
336	2234	PLEWNIAK Jerzy	M	POL	M70	8	00:28:44	00:57:04	01:51:16	02:49:00	03:45:12	03:56:27
337	1646	BORTEL Mirosław	M	POL	M50	55	00:24:21	00:48:55	01:39:24	02:38:44	03:44:07	03:56:28
338	1920	KIERENKO Paweł	M	POL	M45	57	00:26:15	00:52:21	01:43:46	02:43:17	03:45:11	03:56:52
339	1969	KOWAL Cezary	M	POL	M35	44	00:29:14	00:59:29	01:54:42	02:52:26	03:47:01	03:57:00
340	2435	TOPA Beata	W	POL	W40	22	00:27:11	00:53:57	01:46:12	02:44:18	03:44:17	03:57:01
341	2130	MOLENDĄ Artur	M	POL			00:29:21	00:58:27	01:52:25	02:49:29	03:46:33	03:57:07
342	2099	MENZEL Stanisław	M	POL	M55	30	00:24:49	00:50:51	01:43:58	02:42:05	03:44:36	03:57:32
343	263	KÄÄPÄ Viivi	W	EST	W60	4	00:25:25	00:51:36	01:44:32	02:43:30	03:45:17	03:57:41
344	2312	SAPÓR Mateusz	M	POL	M35	45	00:26:06	00:52:19	01:42:20	02:40:49	03:44:19	03:57:55
345	2353	STACHOWIAK Leszek	M	POL	M55	31	02:21:17	00:56:58	01:52:15	02:48:58	03:47:27	03:58:20
346	2163	NOWAK Michał	M	POL			00:24:56	00:49:08	01:39:23	02:40:48	03:44:37	03:58:31
347	2026	LADA Przemysław	M	POL	M35	46	00:28:38	00:56:13	01:50:24	02:48:55	03:47:04	03:58:31
348	2502	WOLNY Krzysztof	M	POL	M40	50	00:27:49	00:55:58	01:48:58	02:47:34	03:46:47	03:58:41
349	2337	SMEJA Piotr	M	POL	M40	51	00:26:47	00:53:21	01:44:05	02:45:36	03:47:09	03:58:50
350	2251	PORA Patryk	M	POL	M35	47	00:28:43	00:57:33	01:53:17	02:50:32	03:48:22	03:58:56
351	2503	WOŁOWSKI Lech	M	POL	M45	58	00:27:29	00:55:29	01:51:15	02:51:25	03:48:19	03:59:09
352	1637	BŁASZKIEWICZ Andrzej	M	POL	M65	9	00:28:14	00:56:15	01:51:18	02:50:17	03:48:01	03:59:10
353	1959	KOSIOREK Dariusz	M	POL	M55	32	00:27:08	00:55:00	01:49:54	02:48:19	03:47:56	03:59:32
354	2248	POLIWODZIŃSKI Michał	M	POL	M40	52	00:28:11	00:56:58	01:52:40	02:52:15	03:49:58	03:59:51
355	1696	CIESLAK Zdzisław	M	POL	M50	56	00:26:28	00:53:36	01:48:15	02:47:26	03:48:21	03:59:52
356	1928	KŁODZIŃSKI Karol	M	POL	M45	59	00:27:14	00:54:59	01:50:45	02:50:24	03:48:24	03:59:53
357	1690	CHOJNACKA Karolina	W	POL	W40	23	00:27:15	00:55:00	01:50:45	02:50:33	03:48:25	03:59:54
358	3046	ALONA Kyslytsia	W	UKR	W50	8	00:28:37	00:56:49	01:52:34	02:51:27	03:48:48	04:00:13
359	2166	NOWAK Przemysław	M	POL	M40	53	00:28:52	00:58:11	01:54:41	02:54:26	03:50:24	04:00:34
360	2048	LULLA Michał	M	POL	M45	60	00:28:38	00:57:33	01:53:17	02:53:33	03:49:08	04:00:41
361	2420	TEJCHMA Natalia	W	POL	W40	24	00:28:29	00:56:54	01:52:38	02:53:04	03:50:29	04:00:48
362	1952	KORALEWSKI Dominik	M	POL	M40	54	00:27:54	00:55:55	01:51:23	02:50:49	03:49:36	04:00:52
363	1965	KOSTRZEWSKA Monika	W	POL	W40	25	00:26:06	00:52:56	01:44:25	02:46:16	03:50:12	04:01:26
364	1675	BURCZYK Robert	M	POL			00:29:21	00:58:28	01:55:56	02:52:52	03:50:08	04:02:09
365	1820	GRZESZKOWIAK Szymon	M	POL	M35	48	00:24:45	00:50:34	01:42:24	02:41:52	03:50:32	04:02:17
366	1901	KARASZEWSKI Janusz	M	POL	M50	57	00:29:30	00:58:25	01:54:37	02:53:54	03:51:33	04:02:28
367	1836	HEJKA Władek	M	POL	M50	58	00:27:16	00:54:48	01:47:57	02:46:14	03:50:44	04:03:35
368	1658	BRYGERT Krzysztof	M	POL	M40	55	00:29:16	00:58:57	01:57:47	02:53:35	03:53:05	04:03:57
369	2326	SIWIAK Marcin	M	POL	M40	56	00:26:31	00:53:43	01:47:07	02:47:56	03:52:05	04:04:49
370	1876	JAWORSKI Krzysztof	M	POL	M50	59	00:27:49	00:55:53	01:51:01	02:50:57	03:53:26	04:04:58
371	2172	NURKIEWICZ Jarosław	M	POL	M50	60	00:27:10	00:54:01	01:47:00	02:48:32	03:54:06	04:05:14
372	3441	KOWALSKI Paweł	M	POL	M45	61	00:28:58	00:58:27	01:54:37	02:55:07	03:54:49	04:05:43
373	2221	PIENKOSZ Mirosław	M	POL	M65	10	00:28:46	00:57:27	01:53:40	02:55:29	03:54:43	04:06:04
374	2375	SULKOWSKI Arkadiusz	M	POL	M45	62	00:28:35	00:55:45	01:49:08	02:51:30	03:55:15	04:07:21
375	1960	KOSMAŁSKI Rafał	M	POL	M50	61	00:29:36	00:57:49	01:53:21	02:52:09	03:55:51	04:07:48
376	1745	DUSKA Katarzyna	W	POL	W50	9	00:25:27	00:51:56	01:45:28	02:49:41	03:56:21	04:08:56
377	2259	PRUS Katarzyna	W	POL	W55	5	00:28:44	00:57:52	01:55:55	02:57:20	03:58:14	04:09:01
378	1629	BIENIAS Jacek	M	POL	M50	62	00:27:52	00:55:28	01:48:53	02:46:03	03:55:28	04:09:44
379	2482	WITCZAK Grzegorz	M	POL	M35	49	00:27:52	00:55:28	01:48:53	02:46:04	03:55:31	04:09:48
380	2043	LOOSE Dariusz	M	POL	M45	63	00:28:36	00:57:17	01:52:11	02:52:39	03:57:06	04:09:52

14. European Masters Athletics Championships Indoor



Data: 23.03.2024r.
Dystans: 42,195 km
Miejscowość: Toruń

Msc.	Nr start.	Nazwisko Imię	Płeć	Kraj	Kat	Msc Kat	5km	10km	20km	30km	40km	Wynik
381	2118	MILCZARSKI Krzysztof	M	POL	M60	23	00:26:53	00:54:06	01:47:43	02:48:53	03:58:24	04:10:07
382	1595	ANTONIK Mariola	W	POL	W55	6	00:27:13	00:54:47	01:50:36	02:54:43	03:57:51	04:10:13
383	1958	KOSIERKIEWICZ Grzegorz	M	POL	M50	63	00:27:19	00:56:08	01:50:36	02:52:34	03:58:56	04:10:28
384	2140	MRÓZ Konrad	M	POL	M45	64	00:29:59	00:59:49	01:58:46	03:00:26	04:00:10	04:11:10
385	1699	CZAJA Roman	M	POL	M60	24	00:28:15	00:56:11	01:51:20	02:53:06	03:59:30	04:11:39
386	2141	MULARZ Adam	M	POL	M50	64	00:29:07	00:58:22	01:55:47	02:58:00	03:59:51	04:11:53
387	1799	GRABOWSKA-UFNOWSKA Justyna	W	POL	W35	8	00:28:02	00:55:53	01:51:40	02:54:47	03:59:41	04:12:14
388	1973	KOWALSKI Paweł	M	POL	M50	65	00:29:03	00:58:10	01:54:40	02:54:47	03:58:56	04:12:27
389	1728	DOBAK Stefan	M	POL	M75	1	00:29:17	00:59:29	01:56:30	02:59:49	04:01:10	04:13:09
390	1895	KAMIŃSKI Paweł	M	POL	M40	57	00:28:15	00:56:19	01:53:03	02:55:03	04:01:22	04:13:51
391	2290	ROŻAK Mirosław	M	POL	M45	65	00:27:00	00:54:08	01:49:41	02:49:22	04:01:19	04:14:11
392	2275	RECZKOWSKI Andrzej	M	POL	M70	9	00:26:27	00:52:51	01:44:07	02:47:31	03:59:32	04:14:41
393	1589	ANDRZEJCZYK Ryszard	M	POL	M55	33	00:27:55	00:56:14	01:50:37	02:54:58	04:02:55	04:14:52
394	1849	JABŁOŃSKA Magdalena	W	POL	W40	26	00:29:49	00:59:53	01:59:11	03:02:19	04:03:31	04:14:53
395	1284	GRILLO Giacomo	M	ITA	M65	11	00:29:36	00:59:32	01:56:11	02:58:21	04:02:40	04:15:22
396	693	HUCKESTEIN Brigitta	W	GER	W55	7	00:29:20	00:59:44	01:59:24	03:02:45	04:03:04	04:15:26
397	1809	GROŃSKI Jan	M	POL	M75	2	00:28:58	00:58:16	01:54:53	02:55:00	04:01:14	04:15:46
398	1717	DĄBROWSKI Marcin	M	POL	M35	50	00:29:47	00:59:05	01:57:57	02:59:11	04:03:20	04:16:00
399	2419	TATYS Łukasz	M	POL	M40	58	00:28:33	00:56:43	01:52:57	02:55:16	04:03:41	04:16:30
400	1689	CHODARA Roman	M	POL	M65	12	00:29:18	00:59:29	01:56:33	03:01:24	04:05:17	04:16:40
401	2087	MARUT Ryszard	M	POL	M65	13	00:24:57	00:49:58	01:40:39	02:51:13	04:03:59	04:16:49
402	2215	PERZYŃSKI Wojciech	M	POL	M55	34	00:31:08	01:01:08	02:01:15	03:04:13	04:05:13	04:16:50
403	1758	GACEK Katarzyna	W	POL	W45	14	00:31:04	01:01:04	02:01:14	03:04:13	04:05:14	04:16:56
404	2524	ZAWADZKI Krzysztof	M	POL	M45	66	00:25:48	00:50:35	01:38:25	02:35:31	03:58:14	04:17:22
405	2273	RASMUS Remigiusz	M	POL	M40	59	00:27:50	00:55:25	01:49:55	02:49:06	04:03:54	04:17:40
406	2542	ZIĘTEK Krzysztof	M	POL	M50	66	00:28:16	00:56:02	01:50:25	02:52:27	04:04:37	04:18:05
407	2638	ČUGA Eva	W	SVK	W45	15	00:30:33	01:00:41	01:59:19	03:00:44	04:04:42	04:18:24
408	2151	NAPIERAŁA Andrzej	M	POL	M65	14	00:28:00	00:57:20	01:53:04	03:01:23	04:06:56	04:19:15
409	1873	JASIŃSKI Waldemar	M	POL	M55	35	00:25:19	00:51:15	01:41:43	02:48:54	04:06:17	04:20:06
410	1879	JAWORSKI Piotr	M	POL			00:29:18	00:58:55	01:56:11	02:59:59	04:08:23	04:21:40
411	2124	MIŚTA Grzegorz	M	POL	M45	67	00:28:12	00:56:45	01:52:44	02:58:37	04:09:36	04:21:57
412	3084	PANCHENKO Serhii	M	UKR	M65	15	00:29:15	00:58:57	01:57:55	03:04:45	04:10:31	04:22:05
413	3055	CHYZHYKOV Gennadiy	M	UKR	M60	25	00:29:15	00:58:57	01:57:55	03:04:35	04:10:32	04:22:05
414	2374	SULKOWSKA Julia	W	POL			00:28:36	00:56:00	01:50:46	02:57:25	04:08:25	04:22:24
415	1773	GEDEK Marzena	W	POL	W45	16	00:29:34	00:59:41	01:58:07	03:04:03	04:10:03	04:22:46
416	1790	GOSZCZYCKI Witold	M	POL	M55	36	00:29:34	00:59:41	01:58:01	03:04:03	04:10:03	04:22:46
417	2343	SOŁENCZEW Martin	M	POL			00:32:33	01:04:35	02:08:56	03:14:58	04:10:59	04:23:08
418	2496	WOJTECZEK Józef	M	POL	M55	37	00:26:20	00:55:12	01:53:31	03:00:02	04:11:32	04:23:48
419	2456	WAWRO Małgorzata	W	POL	W50	10	00:29:41	00:59:48	02:01:05	03:07:54	04:12:04	04:24:07
420	2042	LOOSE Anna	W	POL	W40	27	00:28:38	00:57:21	01:54:18	03:02:14	04:11:21	04:25:18
421	1732	DOLECKI Kamil	M	POL			00:32:03	01:02:28	02:03:01	03:07:47	04:13:32	04:26:01
422	1971	KOWALSKA Małgorzata	W	POL	W55	8	00:29:48	01:00:14	02:01:40	03:09:14	04:14:25	04:26:32
423	1823	GRZYWACZ Konrad	M	POL	M35	51						04:26:42
424	2596	GREC Iuliu-Victor	M	ROU	M40	60	00:23:59	00:50:56	01:41:31	02:55:27	04:13:41	04:26:57
425	2546	ZŁOTNIK Paweł	M	POL	M40	61	00:29:34	00:59:06	01:57:47	03:00:36	04:13:11	04:27:12
426	2081	MARCHEL Iwona	W	POL	W40	28	00:30:42	01:01:48	02:03:55	03:10:03	04:15:00	04:27:38
427	2593	GEORGESCU Vasile	M	ROU	M70	10	00:27:03	00:56:16	01:55:39	03:05:24	04:15:43	04:29:19
428	1645	BOROWIK Krzysztof	M	POL			00:32:20	01:03:21	02:04:59	03:13:09	04:18:40	04:29:54
429	1712	CZUBALA Beata	W	POL	W45	17	00:32:25	01:05:02	02:08:34	03:14:34	04:17:43	04:30:06
430	2539	ZIENIEWICZ Sławomir	M	POL	M65	16	00:28:16	01:00:18	01:59:42	03:08:29	04:18:26	04:30:22
431	1880	JELIŃSKI Karol	M	POL			00:29:35	00:58:59	01:58:10	03:07:27	04:19:06	04:31:03
432	1983	KRAŚNIEWSKI Krzysztof	M	POL	M60	26	00:31:10	01:03:36	02:08:08	03:15:00	04:19:04	04:31:13
433	1683	CHALAMOŃSKI Tomasz	M	POL	M45	68	00:31:03	01:02:03	02:03:47	03:10:24	04:18:25	04:31:30
434	337	NIEMI Raimo	M	FIN	M75	3	00:28:55	00:57:50	01:56:11	03:02:53	04:16:15	04:32:00
435	2448	WALCZEWSKI Michał	M	POL	M50	67	00:32:18	01:04:20	02:04:06	03:08:01	04:18:53	04:33:24
436	1662	BRZESKI Dariusz	M	POL	M50	68	00:29:20	00:59:15	01:59:57	03:08:14	04:20:05	04:34:18
437	2186	ORDON Zbigniew	M	POL	M50	69	00:32:31	01:04:25	02:08:34	03:14:37	04:21:41	04:34:23
438	2298	RUTKOWSKI Paweł	M	POL	M35	52	00:28:10	00:56:25	01:55:56	03:07:38	04:21:05	04:34:51
439	1665	BRZOZOWSKI Andrzej	M	POL	M65	17	00:30:36	01:02:22	02:03:32	03:11:47	04:21:28	04:35:06
440	1583	ADAMCZYK Grzegorz	M	POL	M50	70	00:29:18	00:59:38	02:00:27	03:10:36	04:21:41	04:35:58
441	1027	DR. BOGNÁR Csaba	M	HUN	M40	62	00:28:06	00:59:44	02:07:02	03:21:26	04:26:33	04:37:07
442	2120	MIŁKOWSKA Aneta	W	POL	W40	29	00:30:38	01:00:49	02:03:23	03:14:20	04:24:10	04:37:39
443	1933	KNAPIK Maciej	M	POL	M50	71	00:30:15	01:00:38	02:03:05	03:17:55	04:27:04	04:37:43
444	2321	SIEKIERZYŃSKI Rafał	M	POL	M50	72	00:29:40	00:59:41	02:00:46	03:12:20	04:27:52	04:39:59
445	2245	POLAK Piotr	M	POL	M55	38	00:31:14	01:03:37	02:08:09	03:16:44	04:26:35	04:40:28
446	1955	KORZENIEWSKI Jarosław	M	POL	M40	63	00:33:09	01:06:10	02:11:23	03:19:35	04:29:33	04:42:19
447	2047	LULIŃSKA Bożena	W	POL	W50	11	00:30:45	01:03:26	02:07:03	03:17:30	04:28:58	04:42:38
448	2001	KUC Marcin	M	POL	M50	73	00:30:49	01:01:56	02:03:27	03:13:34	04:30:23	04:43:23
449	3357	ROBERTS Alan	M	GBR	M55	39	00:28:07	00:59:58	02:03:06	03:20:21	04:33:07	04:45:33
450	2095	MAĆZKA Zbigniew	M	POL	M65	18	00:32:32	01:04:27	02:08:42	03:14:37	04:31:28	04:46:14
451	1661	BRZESKA Jolanta	W	POL	W65	1	00:32:30	01:05:10	02:10:08	03:21:02	04:33:09	04:46:14
452	2556	ŻYŁKOWSKA Krystyna	W	POL	W60	5	00:32:32	01:04:27	02:08:40	03:14:37	04:31:28	04:46:14
453	1742	DUDEK Dominik	M	POL	M50	74	00:28:27	00:59:07	02:01:00	03:18:38	04:34:16	04:47:47
454	2311	SANTAREK Wojciech	M	POL	M45	69	00:27:17	00:55:42	01:53:27	03:06:57	04:36:00	04:50:01
455	1890	KAŁUŻYŃSKI Mirosław	M	POL	M50	75	00:28:49	00:58:34	01:59:00	03:10:40	04:36:01	04:50:01
456	1864	JANIK Roman	M	POL	M70	11	00:29:49	01:01:22	02:04:55	03:19:41	04:36:29	04:50:26

14. European Masters Athletics Championships Indoor



Data: 23.03.2024r.
Dystans: 42,195 km
Miejscowość: Toruń

Msc.	Nr start.	Nazwisko Imię	Płeć	Kraj	Kat	Msc Kat	5km	10km	20km	30km	40km	Wynik
457	1663	BRZESKI Mirosław	M	POL	M65	19	00:32:31	01:05:16	02:10:10	03:23:08	04:37:02	04:51:10
458	2117	MIKOŁAJCZYK Marta	W	POL	W75	1	00:32:25	01:04:29	02:09:24	03:23:14	04:37:00	04:51:13
459	1366	VENTRE Carmelo	M	ITA	M55	40	00:32:02	01:04:34	02:10:02	03:24:06	04:37:34	04:51:53
460	1275	GALBANI Annamaria	W	ITA	W70	1	00:32:28	01:05:13	02:10:46	03:25:58	04:40:21	04:53:48
461	2960	LARSSON Martin	M	SWE	M50	76	00:34:30	01:09:32	02:13:35	03:26:42	04:41:55	04:53:49
462	1787	GONERA Kazimierz	M	POL	M65	20	00:30:39	01:00:57	02:03:04	03:22:13	04:40:03	04:54:23
463	2178	OLEJNICZAK Witold	M	POL	M70	12	00:32:42	01:06:22	02:12:46	03:26:15	04:40:40	04:54:35
464	2478	WISNIEWSKA Kalina	W	POL	W40	30	00:34:08	01:07:57	02:12:44	03:26:11	04:41:23	04:54:41
465	2954	JONSON ?ke	M	SWE	M80	1	00:34:30	01:09:29	02:15:59	03:29:42	04:41:56	04:55:05
466	1774	GIDEL Halina	W	POL	W60	6	00:33:08	01:07:07	02:14:00	03:28:01	04:41:56	04:55:44
467	1887	KACZOROWSKA Anna	W	POL	W40	31	00:34:03	01:07:55	02:12:46	03:28:15	04:44:19	04:57:19
468	2079	MAŁKIŃSKI Józef	M	POL	M65	21	00:29:39	01:00:37	02:03:01	03:17:59	04:40:39	04:57:46
469	1795	GÓRSKI Michał	M	POL			00:31:44	01:03:25	02:06:51	03:24:26	04:42:31	04:58:57
470	2086	MARUSZAK Krzysztof	M	POL	M45	70	00:29:40	00:59:38	02:00:26	03:21:05	04:46:19	05:00:37
471	1635	BLACHOWSKI Waldemar	M	POL	M40	64	00:28:44	00:59:04	02:00:13	03:20:47	04:46:19	05:00:38
472	2157	NIESLER Marian	M	POL	M60	27	00:31:28	01:05:04	02:10:30	03:23:45	04:43:40	05:01:00
473	2180	OLMA Władysław	M	POL	M55	41	00:28:13	00:56:14	01:57:40	03:24:26	04:47:31	05:03:02
474	2510	WRÓBEL Radosław	M	POL	M50	77	00:33:13	01:08:57	02:19:54	03:34:46	04:50:51	05:04:55
475	2167	NOWAK Teresa	W	POL	W65	2	00:35:40	01:12:32	02:24:16	03:41:40	04:55:24	05:08:37
476	2452	WARSZEWSKA Wioletta	W	POL	W45	18	00:33:09	01:06:44	02:13:50	03:29:31	04:53:39	05:09:18
477	1781	GŁOWACKA Elżbieta	W	POL	W65	3	00:32:58	01:06:29	02:13:30	03:34:37	04:54:02	05:09:21
478	2476	WINSCZYK Marek	M	POL	M55	42	00:29:11	00:59:00	02:00:03	03:16:42	04:53:51	05:10:01
479	2413	ŚLIWIŃSKI Henryk	M	POL	M65	22	00:32:33	01:05:23	02:12:16	03:28:21	04:56:22	05:11:15
480	1903	KARCZMITOWICZ Jacek	M	POL	M50	78	00:32:18	01:06:13	02:14:51	03:38:03	04:57:44	05:11:20
481	1996	KRZYŻANOWSKI Stanisław	M	POL			00:30:48	01:03:24	02:05:07	03:28:28	04:58:27	05:12:11
482	2306	RZEŹNICKI Andrzej	M	POL	M70	13	00:34:49	01:10:35	02:23:22	03:41:52	04:58:35	05:12:54
483	1624	BEREBECKI Roman	M	POL	M70	14	00:26:39	00:54:11	01:56:16	03:30:54	04:57:59	05:15:56
484	2580	ANDRESI Ioan	M	ROU	M70	15	00:34:10	01:08:20	02:15:53	03:37:50	05:04:43	05:21:00
485	2665	SEIDLOVA Eva	W	SVK	W75	2	00:34:58	01:12:44	02:25:57	03:47:50	05:07:54	05:24:19
486	2367	STROJNOWSKA Ewa	W	POL	W60	7	00:34:36	01:10:17	02:24:05	03:49:25	05:16:27	05:31:20
487	2106	MICHALCZUK Zenon	M	POL	M65	23	00:35:54	01:12:15	02:25:42	03:51:43	05:16:43	05:32:47
488	2059	MACIEJEWSKI Robert	M	POL	M40	65	00:33:14	01:10:00	02:22:44	03:50:05	05:19:03	05:35:37
489	1978	KOZŁOWSKA Danuta	W	POL	W65	4	00:40:32	01:18:40	02:32:22	04:00:16	05:25:41	05:41:44
490	2265	PRZYBYLAK Wanda	W	POL	W65	5	00:38:49	01:17:46	02:34:56	04:00:42	05:27:40	05:44:54
491	1651	BRAC-WALCZYK Małgorzata	W	POL	W65	6	00:40:22	01:19:27	02:37:25	04:03:58	05:29:49	05:47:06