



## Start List

## 3000 m W55

|                              |                 |                    |         |             |          |
|------------------------------|-----------------|--------------------|---------|-------------|----------|
| WORLD RECORD MASTERS (55)    | <b>10:13.40</b> | Clare Elms         | GBR     | London, GBR | 19-03-10 |
| EUROPEAN RECORD MASTERS (55) | <b>10:13.40</b> | Clare Elms         | GBR     | London, GBR | 19-03-10 |
| POLISH RECORD MASTERS (55)   | <b>12:11.62</b> | Krystyna PIECZULIS | Olsztyn | Toruń       | 17-12-17 |

| L/O | Bib | Athlete | Cat. | Country | 2024 |
|-----|-----|---------|------|---------|------|
|-----|-----|---------|------|---------|------|

**Final** 24-03-17 13:50

|           |      |  |            |                |                 |
|-----------|------|--|------------|----------------|-----------------|
| <b>1</b>  | 2738 | <b>GORDO Maria Del Pilar CEBOLLERO</b> | <b>W55</b> | Spain          |                 |
| <b>2</b>  | 2463 | <b>Ewa WERNER</b>                      | <b>W55</b> | Poland         | <b>14:04.00</b> |
| <b>3</b>  | 1397 | <b>Anita IEVIŅA</b>                    | <b>W55</b> | Latvia         | <b>13:05.00</b> |
| <b>4</b>  | 732  | <b>Ute KRAUSE</b>                      | <b>W55</b> | Germany        | <b>13:03.50</b> |
| <b>5</b>  | 2859 | <b>MONTES Carmen PINTO</b>             | <b>W55</b> | Spain          | <b>12:52.00</b> |
| <b>6</b>  | 2241 | <b>Bożena POBŁOCKA</b>                 | <b>W55</b> | Poland         | <b>12:39.00</b> |
| <b>7</b>  | 599  | <b>Grit DORCZOK</b>                    | <b>W55</b> | Germany        | <b>12:30.00</b> |
| <b>8</b>  | 896  | <b>Kirsten SELLMER</b>                 | <b>W55</b> | Germany        | <b>12:25.00</b> |
| <b>9</b>  | 936  | <b>Ulrike WEFERS-FRITZ</b>             | <b>W55</b> | Germany        | <b>11:22.00</b> |
| <b>10</b> | 3303 | <b>Susan MCDONALD</b>                  | <b>W55</b> | United Kingdom | <b>11:11.00</b> |
| <b>11</b> | 2702 | <b>RUIZ Antonia ÁLVAREZ</b>            | <b>W55</b> | Spain          | <b>11:02.40</b> |
| <b>12</b> | 1131 | <b>Annette KEALY</b>                   | <b>W55</b> | Ireland        | <b>10:50.00</b> |

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SB-Season Best, WR-World Record, NR-National R.

TORUŃ 2024

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Region