



## 14. European Masters Athletics Championships Indoor

TORUŃ (POL), March 17 - 23, 2024

## Official Results

## 3000 m W40

Judge: MALESZEWSKI Jan

WORLD RECORD MASTERS (40)	<b>8:58.20</b>	Nuria Fernández Doming	ESP	Belgrade, SRB	17-03-03
EUROPEAN RECORD MASTERS (	<b>8:58.20</b>	Nuria Fernandez	ESP	Belgrade, SRB	17-03-03
POLISH RECORD MASTERS (40)	<b>9:43.81</b>	Barbara BIEGANOWSKA-Z	Frączków	Toruń	23-03-26

Place	L/O	Bib	Athlete	Cat.	Country	Result
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## Final

Start: 24-03-17 14:43:18

1	9	1855	Ewa JAGIELSKA	W40	Poland	10:28.56	
2	8	1121	Fiona GETTINGS	W40	Ireland	10:31.94	
3	1	1105	Michelle COX	W40	Ireland	10:36.33	SB
4	5	1833	Sylwia HAŁACZKIEWICZ	W40	Poland	10:40.96	SB
5	6	3226	Lisa GAWTHORNE	W40	United Kingdom	10:44.19	SB
6	7	1786	Diana GOŁEK	W40	Poland	10:58.00	
7	4	2368	Magdalena STUCHLIK	W40	Poland	11:03.21	
8	2	3104	Olga SEMICHENKO	W40	Ukraine	12:08.74	SB
	3	2164	Monika NOWAK	W40	Poland	DNF	

Intermediate					
1000m	3226	Lisa GAWTHORNE	<b>3.32.98</b>		
2000m	3226	Lisa GAWTHORNE	<b>7.16.30</b>		

## Official Results

Place	Race/Place	Athlete	Cat.	Country	Result
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## CATEGORY: W40

1	Final	1	Ewa JAGIELSKA		Poland	10:28.56	
2	Final	2	Fiona GETTINGS		Ireland	10:31.94	
3	Final	3	Michelle COX		Ireland	10:36.33	SB
4	Final	4	Sylwia HAŁACZKIEWICZ		Poland	10:40.96	SB
5	Final	5	Lisa GAWTHORNE		United Kingdom	10:44.19	SB
6	Final	6	Diana GOŁEK		Poland	10:58.00	
7	Final	7	Magdalena STUCHLIK		Poland	11:03.21	
8	Final	8	Olga SEMICHENKO		Ukraine	12:08.74	SB
	Final	DNF	Monika NOWAK		Poland	DNF	

## Note:

SB -Season Best